

Nkwazi

ISSUE 54 | NOVEMBER / DECEMBER 2021

40 | BOMBSHELL

ZED HIP HOP'S
MFUMUKADZI

14

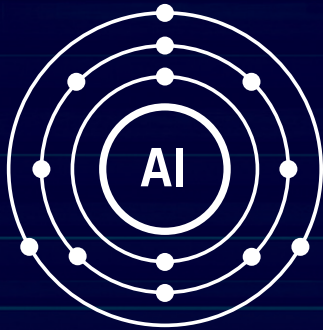
Dar es Salaam
Port Expansion

54

Maria Kristu: The
Buumba Story

58

Esnala
Banda



ALUMEN
FABRICATORS

**ARCHITECTURAL ALUMINIUM
SYSTEMS**

www.alumenfabricators.com



**ARCHITECTURAL BUILDING
SYSTEMS**

www.alumenpartitions.com



Switch to a Bank that understands change like you do.

One simple change can
make a big difference.

Bank of #TheChangeables.



Q) Switch to **FNB**



COVER IMAGE:

Undeniably talented and driven to succeed, Bombshell has been a mainstay of the Zambian music industry for over a decade. The hip hop star has churned out hit after hit and shows no signs of stopping.

CONTRIBUTORS

Bwanga 'Benny Blow' Kapumpa, Leelee Ngwenya, Mbuyoti Silimina, Nawa Mutumweno, Noxolo Kapela, Royd Kapesa, Samm Tembo, Taonga Kaonga, Tokozile Ngwenya

CONTRIBUTING PHOTOGRAPHERS

Kalichi Pictures



Explore our interactive edition.

PUBLISHING EDITOR

Walid Nassar
walid@silverfoxzambia.com

DEPUTY PUBLISHING EDITOR

Jolezya Adeyemo
editorial@nkwezimazine.com

DESIGN

Elijah Katema
Emmanuel Zulu
ads@silverfoxzambia.com

SALES MANAGER

Musonda Chisenga
musonda@silverfoxzambia.com

DISCLAIMER:

While precautions have been taken to ensure the accuracy of the contents of our magazine, Silver Fox Publications Ltd. does not warrant or assume any legal liability or responsibility for the quality, accuracy, completeness, legality, reliability or usefulness of any information, product or service represented within our magazine. Views in this publication are not necessarily those of Silver Fox Publications Ltd.



PUBLISHING HOUSE

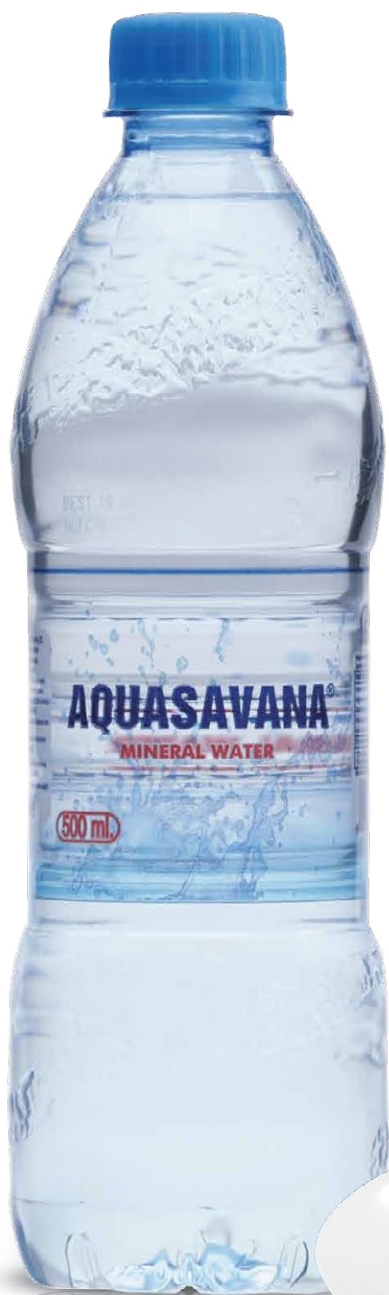
SILVER FOX PUBLICATIONS LTD.

+260 211 843 999

info@silverfoxzambia.com

www.silverfoxzambia.com





wake up
& hydrate



a product of The Coca-Cola Company

drink • hydrate • stay safe

AQUASAVANA



Unlock banking with your fingerprint

Access the **Absa Mobile Banking App** using your fingerprint. It's loaded with industry-leading ways to get things done. Now you **can pay bills, buy airtime, transact and so much more** – in a flash.

Download the **Absa Mobile Banking App** today



That's Africanacity. That's Absa.

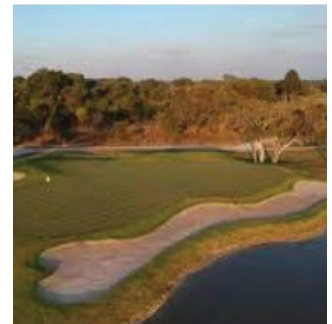
absa.co.zm

Feature available on certain mobile phones and operating systems. Terms and conditions apply.

Absa Bank Zambia PLC (registered number 119710006444) is regulated by the Bank of Zambia.

TRIDENT PREPARATORY LUSAKA

ENGAGE ENLIGHTEN EMPOWER



Trident Prep Lusaka is OPENING JANUARY 2022

REGISTRATION IS NOW OPEN.

We are accepting applications for students from Nursery to Year 4 in January, with discounts offered to our pioneering parents.

Please direct enquiries to:

076 0748097 | rudi.brewis@trident-prep.com | www.trident-lusaka.com

The school is off Ngwerere Drive, opposite Bonanza Golf Club.



TRIDENT
PREPARATORY
LUSAKA



TRIDENT
PREPARATORY
SOLWEZI



TRIDENT
PREPARATORY
KALUMBILA



TRIDENT
COLLEGE
SOLWEZI



WELCOME ON BOARD PROFLIGHT



Dear Passenger,

I am sure that you will all join me in feeling a great deal of pride in how we, as a nation, have managed the election and transfer of leadership. Zambia can really stand tall in our region. The new administration has many challenges to manage but there is a great feeling of optimism and we all hope that this will translate into increased economic activity.

At Proflight we had a very tough three months from June to August, the third wave of COVID-19 hit us very hard and we all saw severely depressed pax numbers. We are delighted to have seen strong signs of recovery since September and decreasing Covid numbers in Zambia. The formidable Proflight team is working hard to continue to rebuild the airline and recover the impact we have suffered from the pandemic.

Our vaccination rate at Proflight is now sitting at 80 percent with 118 out of 147 employees fully vaccinated. We are proud of this achievement and hope to be at 95 percent by the end of the year, with the remaining five percent being unvaccinated for medical reasons.

Despite the pandemic which has impacted the global aviation and tourism industries we are proud at Proflight to have realised some expansion during this year. In 2019 Proflight started direct flights between Ndola and Joburg,

which were subsequently suspended in March 2020 with the onset of the pandemic. From April 2020 to September 2020 Proflight was fortunate enough to operate regular repatriation flights between Lusaka and Johannesburg and when South Africa reopened its borders on 1 October 2020 we took to the skies with scheduled flights on this route. A little over a year later we are operating ten weekly flights between Lusaka and Joburg, with plans to continue to grow this route.

Our next expansion plan is to relaunch Lusaka-Kasama and Ndola-Kasama flights using a 29 seat Jetstream 41 once the new runway is completed. We are excited about this planned route which will make it more convenient for those doing business in the area and also unlocks some of the truly spectacular tourism attractions in the north: Lake Tanganyika, Kalambo Falls, Lumangwe Falls, Ntumbachushi Falls, Shiwa Ng'andu, the Kalungwishi River, Lake Bangweulu, the beaches of Samfya and so much more.

We are still an airline battling the effects of COVID-19 on the global travel Industry but we are committed to continuing to offer a product to be proud of both as Proflight and as Zambia. Thank you to all our customers, suppliers, agents, and of course Proflight employees for continuing to choose Zambian and support Proflight.

Captain Philip Lemba



I care about improving grower livelihoods

**I WANT TO DO MORE TO ENSURE OUR GROWERS
HAVE A DECENT STANDARD OF LIVING**

We strive to safeguard economically sustainable returns for our growers and where possible encourage them to grow other, complementary income-generating crops. We also focus on education, health facilities, housing, and access to clean drinking water to further improve the livelihoods of our growers, their families and the broader communities in which they live.

SO DO WE

WWW.JTI.COM

THE
Spirit OF
AFRICA





Invest in Government Securities with Atlas Mara Bank.

At Atlas Mara Bank, one of the many ways we measure success is your financial growth. We are always looking for opportunities for you to grow and maximize your returns on investing with Atlas Mara Bank. Investing in bonds is your opportunity to grow. These investment securities are issued by the Government of Zambia and have sovereign backing. With bonds you enjoy the benefits of investment diversification, and better returns.


Benefits of investing with Atlas Mara Bank:

- Investment diversification: Reduced risk and improved returns.
- Get better returns than traditional investments such as fixed deposits.
- Arbitrage opportunities: Allowing for gains resulting from interest rate movements.

Investment in bonds is open to individuals and organisations with a minimum transactional amount of K1,000.

To learn more contact us on +260 971 269200 or email: treasurysales@bancabc.com | zm-treasurysales@bancabc.com

Government Securities

For more information visit us at  Atlas Mara Zambia, your nearest Atlas Mara branch, call 202 toll-free (Airtel/MTN) and 0211 224459/0211 237022 or go to www.atlasmarazambia.com

Reshaping African Banking

Registered Commercial Bank



CONTENT

REGULARS



18

- 14. BUSINESS**
- 18. TABLETALK**
- 22. EXPERIENCE**
- 24. EXPLORE**



28



34



40

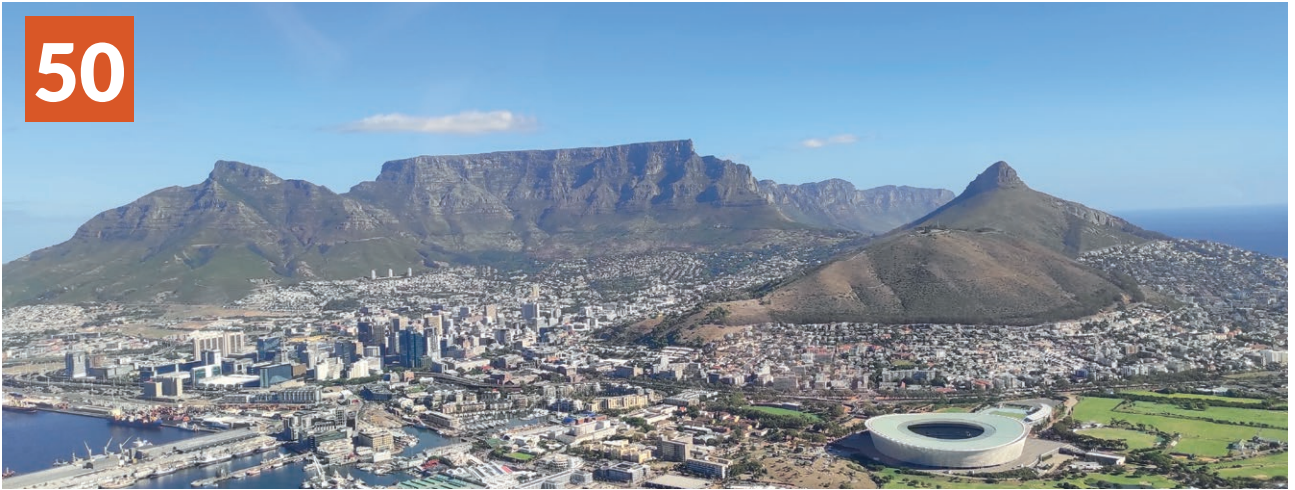
- 28. IN FRAME**
- 34. VISIT**
- 40. MUSIC**
- 42. ART**



42

FEATURES

50



50. CAPE TOWN AND THE WEST COAST

54. MARIA KRISTU

56. MPOTO YATHU

58. ESNALA BANDA

60. MALAIKA MUMBA



54



58



60

INSIDE PROFLIGHT

69



64. ROUTE MAP

66. FLIGHT SCHEDULE

67. PROFLIGHT NEWS

70. FLEET & CUSTOMS



Your Office At Its Best

with DStv Business



DStv
Business



22+
news,
sports &
lifestyle
channels

Get the
DStv Work
Package

and give your employees the best world views with the latest news and entertainment headlines on DStv.

ZambiaDStvBusiness@zm.multichoice.com

Call Centre numbers:
0211368342 or 0211368300



Page 42.

The Bag Man by George Mubanga at Chena Art Gallery. Head to our art section to learn more about this innovative gallery and what inspires its founders.

REGULARS.

14

18

22

24

28

34

40

42

TABLETALK

IN FRAME

ART



DAR ES SALAAM PORT UPGRADE:

Zambia's gateway to global trade

Words by Mbuyoti Silimina

As the African continent rides on the waves of globalisation, a quiet, yet intense battle for freight business is under way in East Africa with Tanzania, Kenya, Djibouti and Somalia taking major steps to upgrade their maritime infrastructure.

Undoubtedly, seaports play

a vital role in any import-based economy, especially in developing countries where maritime transport is the primary form of access to the international market.

Trade experts believe that robust modernisation of seaports in East Africa is vital to the development of maritime infrastructure and its interaction with inland transport systems on the continent.

The port of Dar es Salaam (pictured above) is vital not only to the Tanzanian economy but to the economies of other countries in East, Central and Southern Africa, including Zambia.



According to a recent World Bank report, inefficiencies in Dar es Salaam costs Tanzania and neighboring countries up to US\$2.8 billion in lost revenue annually. This has a negative effect on regional trade, especially among landlocked (or 'land-linked') countries such as Zambia that depends on the Dar es Salaam port as a gateway for international trade.

For this reason, the Dar es Salaam Maritime Gateway Project (DSMGP) worth US\$421 million was established in a bid to overhaul the port of Dar es Salaam's infrastructure by 2023.

"This project will have both direct and indirect effects on the regional economy, as it will generate new jobs and value, which will help to boost GDP. Maritime freight transit will reduce transportation costs, increase area employment and support local and port-related industries," Lusaka based economist Boyd Muleya told *Nkwazi*. "The project will further promote an efficient channel through which Tanzania and Zambia can earn much-needed foreign exchange and tax revenues from their exports to the rest of the world, which have largely been lost due to inefficiencies and a lack of capacity to deal with rising export and import volumes."

Muleya, who is also the head of research at the Centre for Trade Policy and Development (CTPD), stressed that by minimising the costs associated with port clearance delays and inadequate technology, increasing the port's capacity will result in more efficient delivery of commodities into Zambia.

Another argument in favour of the port upgrade is that it will lead to decreased business costs, higher import supply in the region, and, as a result, downward pressure on the price of imported goods for consumers and manufacturers.

Cross-border traders have described the ongoing rehabilitation of Dar es Salaam port as a game changer in the inter-continental connectivity initiative in Africa which will continue to shape the continent's socio-economic trajectory.

"The Dar port is key to our business growth and the ongoing rehab is long overdue as it will enhance our import-based enterprise," Rueben Tembo, a car dealer based in Lusaka told *Nkwazi*. Tembo regrets that the port's unbearably long queues from offloading ships leads to a high cost of doing business.

The Dar port facelift project is supported by the Tanzanian government and a coalition of development partners, which includes the TradeMark East Africa (TMEA), the UK's Department for International Development (DFID) and the World Bank.

It is estimated that over 70 per cent of imported goods for landlocked nations in the region transit through Dar es Salaam Port, Tanzania's busiest crossing point via Nakonde-Tunduma border post, which is a gateway into Zambia, the Democratic Republic of Congo and through to Zimbabwe. On average, the value of cargo passing through the border to Zambia, the DRC and Zimbabwe is estimated to be US\$1.5 billion (TSh3.4 trillion) annually.

With its strategic location to serve as a convenient freight linkage not only to and from East and Central African countries but also to the Middle and Far East, Europe, Australia and America, the Dar es Salaam port provides a gateway for 90 percent of Tanzanian trade, and is ultimately the East African nation's principal port with a rated capacity of 4.1 million (dwt) dry cargo and 6 million (dwt) bulk liquid cargo. The port has a total quay length of about 2,600 metres with 11 deep-water berths and handles about 95 percent of the country's international trade and serves neighbouring land-linked countries like Zambia, Malawi, Burundi, Rwanda and Uganda, among others, according to the Tanzania Ports Authority (TPA).

With Zambia's import driven economy, which stands to benefit a lot from the upgrade of Dar es Salaam port, the move has excited local entrepreneurs who feel the facility contributes greatly to the country's treasury in terms of taxes and customs duty whenever they import and export goods and services.

Valued for its proximity to the Nakonde-Tunduma border point, the Dar es Salaam port is an asset to many Zambian traders, especially car dealers who depend on this port to bring in vehicles from Japan.

Since the port is key to the survival of Zambia's automobile business, the ongoing facelift has elated most car dealers as the move will speed up the clearance process and in turn lower the cost of doing business.

Just like car dealers, many Zambian shop owners selling groceries, hardware and second-hand clothes and medical supplies, among other things, share the same

concerns about inefficiencies at Dar es Salaam's port.

"Whenever my merchandise takes long to be delivered, this affects my cash flow due to the usual delays at the port but the ongoing facelift will facilitate efficient clearance of cargo," said Martin Sepiso, a trader of Chinese smartphones.

Catherine Simumba, a private clearing agent based in the bustling border town of Nakonde, shares: "The ongoing rehab of the maritime facility will undeniably help grow my clientele base as my customs clearances will be done on time."

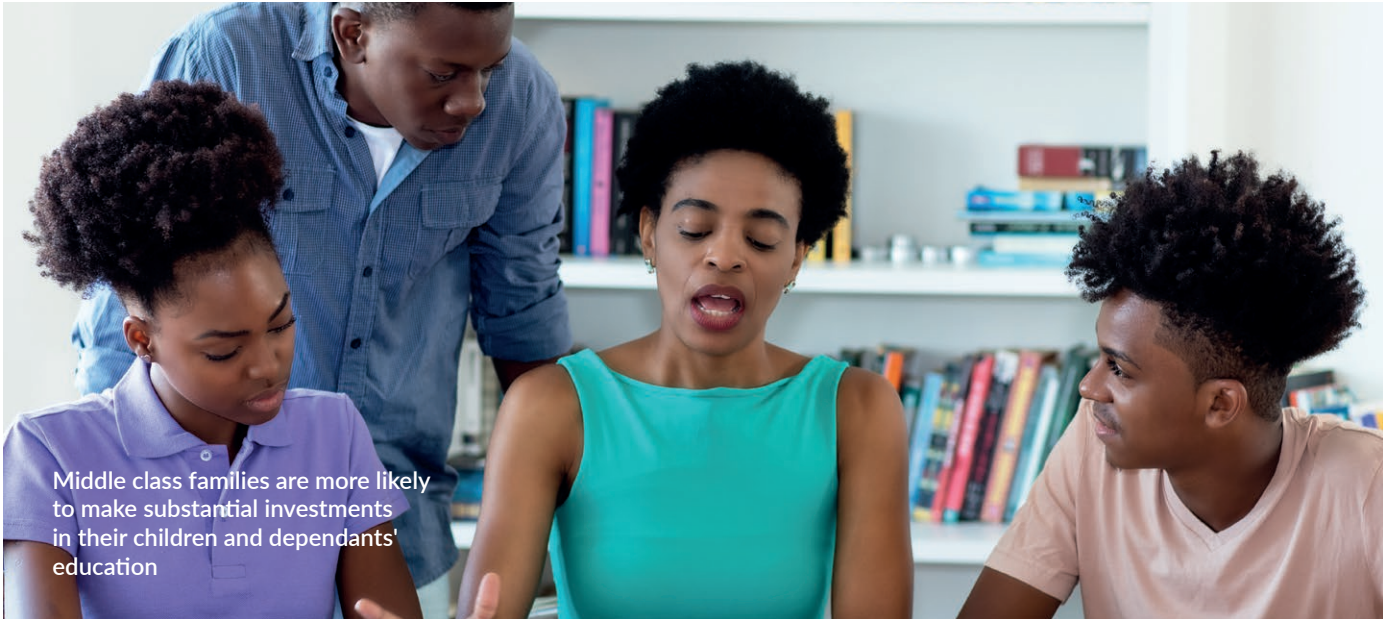
The China Harbor Engineering Company (CHEC) has been engaged to upgrade the Dar es Salaam port with the aim of ensuring the maritime facility will have the capacity to accommodate a greater number of vessels from across the world, including much larger vessels than it currently accommodates.

"This project mainly involves the upgrade of seven existing berths and the building of a new berth that will enable large vessels with a load carrying capacity of up to 70,000 tonnes to dock at the port which previously had a capacity of under 30,000 tonnes," TPA Director General Eric Hamissi recently said.

The port authority further stated that with a length of 300 metres and depth of 13.5 metres, the new berth will have the capacity to accommodate mega cargo ships weighing 65,000 tonnes and will be equipped with state-of-the-art cargo handling equipment.

Tanzania's Prime Minister Kassim Majaliwa recently added that the Dar es Salaam port upgrade is in the final stages of completion as the country is focused on ensuring optimal use of its strategic geographical location to enhance regional trade, stimulate economic growth and reduce transportation costs.

"These projects will enable the nation to make the most of the geographical opportunities we have, as well as stimulate economic growth and facilitate transportation," the premier said while tabling his office's budget proposals for the 2021/2022 financial year.



Middle class families are more likely to make substantial investments in their children and dependants' education

AFRICA'S MIDDLE CLASS IN CRISIS?

Words by Nawa Mutumweno

"Today Africa is rising; it is a story of growth, optimism and prosperity," says

PricewaterhouseCoopers, one of the leading professional services firms on the globe, with a large footprint on the continent.

Africa has experienced steady growth over the last several years. But after COVID-19 reared its ugly head and changed the way things are done and affected livelihoods the world over this growth has slowed.

With increased economic growth, citizens grew wealthier and the middle class became more visible with rising numbers. This, however, has been negatively affected by the pandemic.

Previously and due to varying factors (a lack of infrastructure, bad governance, war, unequal terms of trade on the global front, etc.), growth in many African nations was once sluggish. Foreign direct investment suffered to some extent,

catapulting the continent onto the donor-dependent landscape.

Political stability is slowly creeping into many African countries; democracy although being stifled in some instances, is finding a sable place in governance with a new crop of leaders being cognizant of the need to spur investment for the upliftment of their people.

Importantly, the growth that has been recorded is not solely anchored on the vast mineral wealth Africa boasts of, but springs from other sectors. According to a report compiled by Deloitte entitled *The Rise of the African Middle Class*, "rampant consumerism" makes up two-thirds of Africa's GDP with services being concentrated in the financial, telecommunications and retail fronts.

The transformations in many countries have not only unveiled abundant opportunities for wealth creation for these nations, they have also invigorated the emergence of the middle class which spends between \$10.01 and \$20 a day.

North Africa has a much larger

concentration of the middle class on the continent with Tunisia, Morocco and Egypt leading the pack. Reasons for the emergence of the middle class differ from country to country. For instance, in South Africa, the government-driven Broad-Based Black Economic Empowerment (BBBEE) policies have made it possible for people who were living below the poverty line to secure steady, salaried employment.

Another game changer has been diasporans who send money home, as well as the diasporans returning home to assist with the rebuilding of their countries. The returnees often come with some sizable financial muscle to live a new life in the motherland after many years abroad. A number of them, in addition to the financially-capable citizens on the local front, invest in the creation of small and medium size enterprises (SMEs) which go a long way to inject life into the veins of the local economy.

The middle class are driven by aspiration and disposable income. They tend to be brand conscious and aware of the trends of the day. They have the capacity to own



houses, cars and other top-of-the range gadgets such as smartphones and smart TVs.

This group underscores and appreciates the key role which human capital plays in socio-economic development. They are more likely to invest in the education of their children. Part of what makes it possible is that middle class families tend to have fewer children than their working class contemporaries. *The Middle of the Pyramid: Dynamics of the Middle Class*, an AfDB report clearly shows that when not impressed with government offering in terms of education, the middle class opts to send their children to private schools to get a quality and rewarding education that can open doors of opportunity to the future.

Besides being better placed to pursue their own business ventures than lower earners, the middle class is increasingly technologically savvy with a remarkable presence on various social platforms, equipped with a decent understanding of their citizen rights and demand more from leaders in as far as service delivery, human rights and public funds utilisation are

concerned.

The COVID-19 pandemic has had a devastating impact on the global economy, which contracted by 4.3 percent in 2020, a turnaround of 6.8 percentage points. This downturn curbed growth in the middle class status globally, with poverty increasing sharply. The World Bank estimates that the pandemic threatens to push about 58 million people in Africa into extreme poverty.

A recent Pew Research Centre analysis says that the global middle class encompassed 54 million fewer people in 2020 than the number projected prior to the onset of the pandemic. Sub-Saharan Africa was one of the regions which accounted for most of the increase in poverty, reversing years of progress on this front.

About 180 million of Africa's 1.3 billion people are classified as middle class. Africa's middle class has been instrumental in delivering development across the continent. Coronavirus has without doubt battered Africa's growing middle class, decimating the livelihoods of workers

and businesspeople that once had steady incomes that were helping drive continental expansion and growth.

"About eight million of the middle class could be thrust into poverty because of the coronavirus and its economic fallout," the World Data Lab, a research organisation says.

Perhaps nothing shines a light on the relevance of the middle class in development like its potential to reduce poverty in the respective countries. When people become entrepreneurs, they are able to employ others, thus helping realise governments' empowerment agendas. As spending power in a country rises, it keeps businesses going and beckons investment, paving the way for much needed economic growth.

The rising middle class has been "critical for the prospects of African economies in their quest for long-term growth, social progress, an inclusive and prosperous society and effective and accountable governance," as Landry Signé, author of *Unlocking Africa's Business Potential* rightfully says.



Make your back-to-office transition smooth

switch it up with MTN's superfast fibre internet everywhere you go.

Call 111 or email business.zm@mtn.com



MTN Business





MARK TOWNSEND

At the forefront of Zambia's digital future

Words by Royd Kapesa, Images by Kalichi Pictures

Africa has taken centre stage as a frontier for growth. The continent is experiencing a surge in economic growth, driven by stronger internet connectivity. Africans everywhere are connected like never before and now access across the continent is only a tap of a screen or keyboard away. The desire for connectivity and digital technologies has made telecoms businesses among the most important in Africa.

In Zambia, Mark Townsend is leading one such business. He is a man with technology at heart and everything he

does is driven by his desire to see a more connected Zambia through the provision of integrated technology solutions. Mark is the managing director of Liquid Intelligent Technologies (hereafter referred to as Liquid), previously Liquid Telecom, where he started as an account manager early in his career, when the business was called Real Time. He describes his return to Liquid as a home coming. "I am working with some of the people I worked with when I was here more than 15 years ago. So it's good to be back," he says reflecting on his journey.

Mark was born and raised in Lusaka, Zambia. He completed his primary

“

You have to be close to the customers and your staff, you need to put down clear actions, trust the team and always do it with a smile.



education at Lake Road School in Lusaka before leaving for boarding school in the small town of Marondera in Zimbabwe. He describes himself as an outgoing child, which motivated him to leave home at a young age. His goal was to become a farmer and he studied farming while in Zimbabwe.

However, upon completing high school, Mark began to think that his dream of becoming a farmer was perhaps too big to pursue. He felt he might not have the financial capacity to sustain life as a farmer. After some moments of deep introspection, Mark decided to go to the UK for a period of self-reflection and self-discovery. While in the UK, he explored his various interests and rugby took centre stage. Not one to think small, Mark decided to pursue rugby as a full time career but fate had other plans. He decided to return home to Zambia, and the rest is history.

Even though his rugby dream did not work out, something else happened in the UK that changed Mark's career path forever. While living abroad, he was exposed to a technology boom that he had not yet experienced in Africa. He returned home with a desire to see technology transform Zambia as it had done the UK.

The dream to bring technology back to Africa is the driving force behind Mark's career. Today, he is leading Liquid Intelligent Technologies which he re-joined shortly after the acquisition of Hai. Over the past year and a half, he has steered the business through a merger and acquisition which is a challenge for any CEO. "It is two different companies becoming one, meaning we had to overcome initial teething problems, like establishing one mission and vision that would seamlessly integrate the two businesses. Today, we have a clear strategy and objectives in sight," Mark says regarding the merger.

Apart from the acquisition, earlier in the year, the organisation rebranded to Liquid Intelligent Technologies, after an extensive business transformation from being a telecommunications and digital services provider to a full one-stop-shop technology group. As Liquid Telecom, the business focused on the delivery of fibre optic and 4G LTE data services to households and corporates. The rebrand reflects the



“
People are attracted to leaders who set a tone and set a very clear path to success for them.”



expansion of its cloud business, cyber security services, and other technologies added to its existing telecoms and connectivity capabilities.

However, consumers' needs are always changing and successful businesses have to anticipate these changes and adjust. Today's consumer, both home and corporate, is looking for more than just internet connectivity but also seeking value addition. The new brand aims to deliver the value that today's consumer seeks.

Liquid is transitioning from a supplier into a digital service provider that can deliver value across the entire business value chain. The business is doing this by increasing its service offering and including other services beyond strong internet connectivity. Services such as CCTV, biometric solutions, cloud-computing and data storage now form part of the Liquid product offer.

Mark believes this is how Liquid will win in the ever growing technology space in Zambia. The walls of the industry have come down as mobile network operators are now a big part of the competitor set, offering a wide range of services and products. Liquid's unique selling proposition in this space is to increase the value that they deliver and derive from the customer.

"We want to have the most share of

wallet and we want to give customers increasing value. We are taking a consultative approach to our business and we want to understand what our customers want and what their pain points are. We are not just selling a product; we want to sell a complete solution," Mark says.

Mark is not on this journey alone. He is leading a strong and skilled team that relies on his leadership daily. His leadership journey has been shaped by the various leaders he has worked under. From these leaders Mark has gathered knowledge that he applies today. On his leadership Mark says, "You have to be close to the customers and your staff, you need to put down clear actions, trust the team and always do it with a smile. As a leader you have to be focused on the big picture all the time and just trust that your team will deliver what they need to deliver."

Like most other businesses, Liquid has had to contend with the challenges of COVID-19. Consumers, especially corporate ones have downsized their internet needs or cut off internet completely as they work from home. While household internet consumption has increased, the corporate business is yet to recover.

Unlike many a CEO, Mark sees this downturn as an opportunity for the business to evolve and prepare for the new normal. Liquid is building a strong product suite which keeps improving. Recently, an

education bundle was launched, giving more power to parents and students as they learn from home. Other products are in the pipeline that will further strengthen Liquid's market position.

Mark Townsend continues to grow as an individual and also as a leader. Over his 15-year career, he has achieved many milestones and reached the heights of more than one corporate ladder. It is clear when one speaks to Mark that he is not done yet; he still has a long way to go.

And as he reflects on his career, he credits his success to three elements. The first is to always build good, solid relationships that are based on honesty and mutual respect. He holds honesty and integrity as principles that have protected his relationships. The second is to be positive and have an entrepreneurial thought process in life. Part of this means being ready for change and to take action when necessary. The third element is setting the tone. Elaborating on this point, Mark says, "People are attracted to leaders who set a tone and set a very clear path to success for them. That keeps them motivated and ready to work hard to deliver results."

Mark has set his tone as a clear, concise and strategic leader that is not afraid of change. He is at the forefront of Zambia's digital future and if his track record is anything to go by, the future is in good hands.

Take your business security to the next level

In recent years, numerous businesses and individuals have fallen prey to costly and disruptive cyber-attacks. As a trusted partner in Cyber security, **Liquid Intelligent Technologies** has comprehensive solutions and services to assist organisations assess their business risks and put in place industry-leading security measures.

 www.liquid.tech

 CloudZam@liquidtelecom.com



secure
people



secure
access



secure
systems

LIQUID
CYBER SECURITY



THE QUORUM

All your business and social needs under one roof

Words by Tokozile N. Ngwenya, Images by Kalichi Pictures and courtesy of The Quorum



A quorum is a select group of people coming together to form a meeting, and this is the foundation from which The Quorum in Lusaka was established. The upscale establishment was built to provide highly personalised services to corporates, business executives, and entrepreneurs alike, who are shaking up their respective industries. This establishment presents a platform for individuals to network and create mutually beneficial connections to propel their businesses and social agendas further.

The Quorum opened in June 2020 and prides itself in providing exceptional experiences for their members and guests. As The Quorum caters to a range of clientele, they have a model that tailors services specifically to each client, and that places them a cut above other players in the hospitality industry.

The 26-suite boutique hotel is spaced over

two floors and is keen on maintaining the high service levels being offered, with two restaurants, one cafe servicing a private workspace, conferencing facilities, a gym with state-of-the-art Precor equipment, a banking hall and a spa.

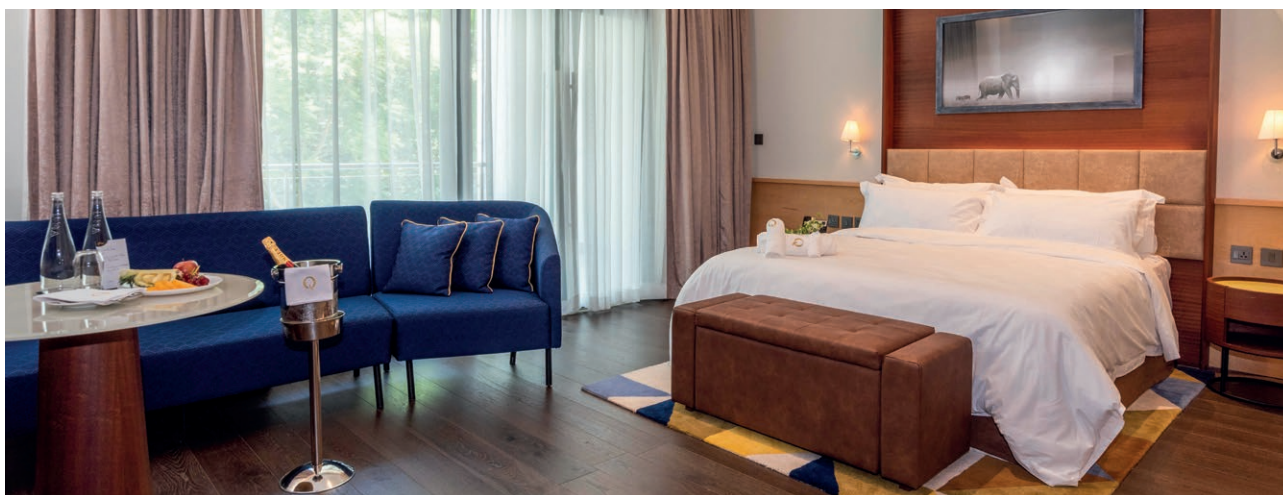
Also on site is The Hub, an invigorating environment to give members & guests a creative workspace to boost in meeting their deliverables. The Hub has several individual and communal workstations within an open space, with a reading nook tucked away in a corner to aid an escape from reality when needed. There are three private meeting rooms equipped with interactive Samsung flipcharts as well as conferencing facilities with state-of-the-art audio/visual equipment. The conference room's architecture is vibrant, with colour tones of green and blue resonating through each room to spark a sense of creativity.

Full-access members of The Quorum have several benefits available to them such as exclusive and unrestricted access to all the

facilities in the building, member discounts on hotel room rates, access to a private banking suite on site, exclusive benefits with affiliates including the Lusaka Golf Club, Specialty Emergency Services, SES (a Zambian-based company offering premium health and life insurance) and Mayfair Insurance Company.

Potential members have a vast array of membership categories to choose from. There is an essential and premium banking membership in collaboration with the private banking suites of selected leading commercial banks. In addition, there is the Q Country membership for those who do not reside in Lusaka, as well as an Under 35 category, which was launched on Youth Day 2021 to cater to the young and aspiring clientele.

Always striving to offer something new (and convenient) to its clients, The Quorum has introduced tailoring where members can schedule an appointment to receive a bespoke fitting whilst enjoying a collection



of high-end whiskeys, cigars and wines from around the world in The Q Lounge, one of the club's most sought after spaces with its art-deco vibe.

The Quorum provides its members with top-tier service that goes beyond access to a building and its amenities. The true value of its membership lies in the convenience of having unique services brought to you all under one roof. While one gets the most out of membership, a selection of services and facilities are open to members of the general public, for instance dining in the fine dine restaurant, 7th Sense is open to guests with a "Single Day Membership" of ZMW100 per person.

Hotel guests receive handwritten letters welcoming them, a rare and personal touch in an age of electronic communication. As soon as I walked into the hotel suite, I was surrounded by luxury, a high thread count haven. Each suite's minibar is stocked with refreshments and a Nespresso machine.

The room had a tranche with a luggage rack for easy placement of suitcases. In the spacious wardrobe there was a sizable safe to secure my valuables.

In the far corner a thick cotton robe made from fine, soft fabric was hanging alongside a pair of plush and cosy slippers.

For accommodation, guests have a choice of the junior suites, deluxe suites, executive

suites and king suites. I was particularly impressed with the design of the king suite, which lived up to its name in every way. The bathroom area had both a bath tub and a walk-in shower unit. However, what I loved most about this setup was the ability to completely collapse the wall division between the bathroom and bedroom, allowing for a choice of an open, free-flow setup.



Zambia - Lusaka

The Quorum is a business and recreational members club with a boutique hotel located 16 kilometers from Kenneth Kaunda International Airport in the beautiful suburbs of Kabulonga.

The Quorum houses a hotel that meets all your business and leisure needs under one roof. The amenities and services offered are well thought out and carefully tailored to meet the needs of its sophisticated and travelled clientele.



A WEEKEND IN KAFUE NATIONAL PARK

In search of the soft life

Words by Tokozile N. Ngwenya, Images courtesy of Mozhi Bush Camp/Shearzone Safaris

After what I would consider the most stressful week of my year, my brother decided to treat me to a relaxing weekend at Mozhi Bush Camp, located in the Kafue National Park. The perks of being a baby sister include receiving princess treatment when life gets the best of me.

We met with our host and driver Joreen, in Lusaka. She appeared to be very young, which made me question her experience and wonder if we were in capable hands. She was thoroughly energetic, hospitable and pleasant to chat with as she gracefully sped through the Lusaka traffic to get us to the park in the best possible time. As we eased into the drive out of town and onto the road to the park, it became evident that Joreen was not only extremely experienced in her role, but was a little over 15 years older than I had initially thought. This was a reminder that you should not

judge a book by its cover. She explained with ease how she at times will drive three times a week to the camp to ferry clients and had been doing so for close to two years. As soon as we entered the gravel road in the park, it was apparent that she knew every bump, turn and curve. Joreen could do this drive in her sleep.

The drive became arduous, and I couldn't wait to get to the soft life part of the journey. And just as I was starting to get bored on the road, we spotted a chubby yet majestic hippo crossing the road. I screamed like a little child in excitement at the sight of the hippo. Finally, the action we had been craving appeared to us unexpectedly and jolted me back to full consciousness, now expectant of what the 90 kilometres drive through the park to the lodge would present to us. Minutes later we spotted a leopard gracefully walking along our path.

Later we met a mongoose wagging her

“

The bush will take you in and not judge where you are coming from or what you have to offer, and that is priceless.



healthy curvaceous tail with a slight bounce as she walked on. I tried to catch her on video, however, she sped off. It looks like animals also have active social lives, with things to do and places to go on a Saturday, as we also saw a lean rabbit speedily making its way across the road. I fell asleep and was woken up to an immobile vehicle. Finally, we had arrived.

It was a few minutes to midnight. The warm face cloths that were presented to us were heavenly and refreshing. I guess this is the beginning of the soft life, I thought to myself. We were guided into the restaurant. Shortly thereafter, Ba Mathews served us pumpkin soup and homemade roti bread. The soup was warm and a great introduction into my belly after that long drive. No sooner, we were served moist chicken wraps infused with two distinct flavours, coated in a crispy outer feel, along with a bed of mashed potato. I ate it up like it was my last supper. Dessert was a peanut honeycomb pie, but by then I was stuffed and ready to shower and call it a night.

Our bags were taken to our rooms and I was pleasantly surprised to find hot water past midnight, considering that the camp solely runs on solar power, dead wood, and gas. The hot water ran down my feet, as I showered. Rushing down on the wood planks that supported me. The bathroom, covered with treated wooden trees, gave me a comforting yet wild feeling. I enjoyed the feel and vibe the chalet presented.

As I glanced at the bed covers, I realised that I would be needing an extra blanket. Velelapi, the camp manager organised an extra blanket which she delivered to my room. As I entered the blankets, I gasped as I felt something warm. My first thought was that a wild animal had claimed my nest, however, after cautious inspection, I found it was in fact a hot water bottle placed in between the sheets to provide some extra warmth.

I am an early riser, which meant me being awake by 6 am. My thermos flask still had warm water, thankfully, because heaven knows how much I love my tea. I decided to brave the cold and headed out to the river bank. I sipped my tea in full amazement and gratitude for the opportunity to experience the fresh crisp air and peace of the bush camp provided.

I observed a group of hippos relaxing and discussing their early morning politics. My favourite spotting was of one baby hippo. He kept going underwater for long periods of time to sightsee. *I would give anything to play with him*, I thought.



My brother later joined me at the river bank and we talked about how different the scenery and peace as compared to our usual hustle and bustle in Lusaka. I shared with him that as much as I am a lover of nice things, I could move to the bush for six months at a time. The bush is peaceful, no one cares if you have a cheap phone, basic clothes, and drive a deadbeat car. It will take you and accept you as you are. The bush will take you in and not judge where you are coming from or what you have to offer, and that is priceless.

After breakfast we walked right over to the balcony where I spotted a crocodile. I was ecstatic! this was my first crocodile sighting during the trip. My last name happens to be the word for a crocodile in my local dialect. I couldn't help but scream and point out the crocodile to my brother. I think we both took this as a sign that we had been *officially* welcomed into the park.

Then out of nowhere, a gazelle came to join us. She approached us with poise and care, being the Lusaka person I am, I tried to force my way into a photo shoot. But she ran away when we got a little too close.

We were called for lunch and were served the most tender beef slices on a bed of roasted butternut spiced in cinnamon beside a fresh garden salad with feta toppings. I decided to share some of my beef with my brother only to ask for half of it back, later. Cheeky much? I promise this was the most delicious meal served to us during our stay. It was not only the freshness but the combination of the meal. I looked up and noted that no one had any leftovers.

Thereafter, we were immersed in full-on conversation with the hosts and staff. Our curiosity was satisfied as we discussed various topics about the establishment of Mozhi Bush Camp, surrounding camps and recent animal sightings.

Eventually it was time to go for our sundowner boat ride. The camp manager and her team had spent most of the morning and afternoon preparing for this activity. At 3:45 pm, Sandy, our guide and lead ushered us into the boat, which had warm blankets ready for us. Another great marker of the hospitality at the camp.

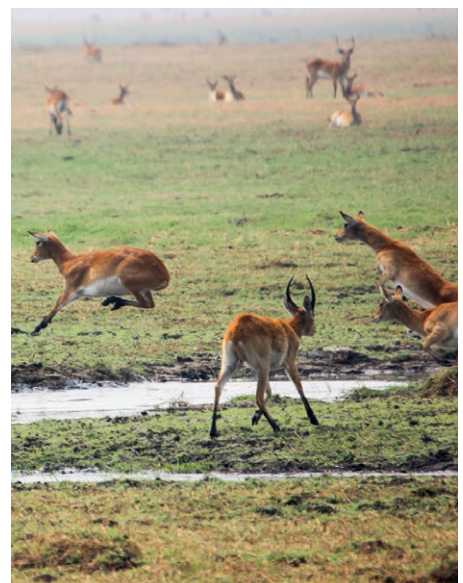
Sandy possesses an encyclopaedic knowledge of the area's wildlife. He explained how crocodiles can adjust their metabolism and go without food for six months to which I exclaimed, "I cannot go



a full day without food." I also learned that a hippo's gestation period cannot go beyond eight months because of its build, which has short legs that cannot allow for its belly to carry heavy weight without it grazing against the ground. I was impressed. I had learned more from Sandy than I had in biology class back in school.

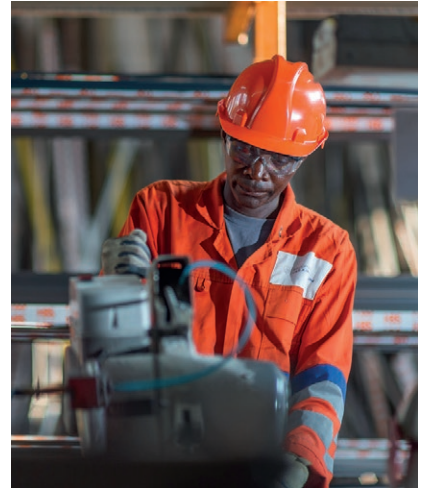
It was at this point that a hippo hit our boat. I silently said my farewell prayers and was prepared to meet Saint Peter at the gates of heaven. Everyone was shaken. I was too afraid to scream. The hippo hit the front left side of the boat where the men were seated, better them than us if you ask me. The boat tipped to one side, however, because of its large size, it steadily stabilised.

There was an awkward silence before anyone spoke. We all thought it but no one said it, what if things had turned for the worst? I had to keep reminding myself, this is the beauty of the wild, she is always in control. After everyone had relaxed, we shared a good laugh about it, to which Sandy shared a near-death experience he had encountered during his safari days in Livingstone. His story has me in knots, this man had nine lives. Thankfully we were served with refreshments, my glass of merlot wine never tasted any sweeter, considering it is a dry red wine, but you get where I am going here. You never know what to expect in the wilderness!





RAPID ALUMINIUM



Rapid Aluminium is an independent limited company providing customers with a range of leading edge aluminium and glass products integrated with security and safety and support services throughout Zambia.

Established in 1996 to provide the Zambian market with high end products, Rapid Aluminium has achieved major success being awarded contracts with various international and locally based companies for a range of construction projects.

With over 50 qualified experts specializing in the fabrication and installation of aluminium and glass frames, shop fronts, panel windows, shower enclosures, skylights and security barriers. our experience ranges from curtain-walling multi storey buildings and shopping centres to fitting standard sized windows and fly-screens in residences and homes.

When Donald Sowden founded Rapid Aluminium 25 years ago, little did he know that some of his casual workers would not only remain loyal to him but would go on to become senior managers playing significant roles in the company's growth and development. From inception, the company has always prided itself in empowering communities by recruiting workers through family and peer-based recommendations.



Mr Donald Sowden was one of the pioneers of the aluminium industry in Zambia and consequently, his company took off rapidly. Over the years, the company has built a solid reputation judging from its impressive track record of installations in many high profile projects. This long list includes banks and shopping malls including the yet to be officially opened Long-acres Mall where in 2019 Rapid Aluminium installed the largest skylight in the southern hemisphere, apart from the one at the Mall Of Africa in Johannesburg.

The company also exercises corporate social responsibility which has in the recent past seen it render assistance to Ngombe police post. Primary schools in Ngombe will soon be beneficiaries of this programme, too. "We are hopeful for the future and are hoping to continue to influence the skyline of Lusaka and Zambia as a whole," Mr Sowden said.

Contact us:
info@rapidzambia.com
+260 211292366 | +260 967 791236
7 Kaleya Road, Roma, Lusaka, Zambia.





KALENGA NKONGE

Unlimited by labels

Images by Kalenga Nkonge

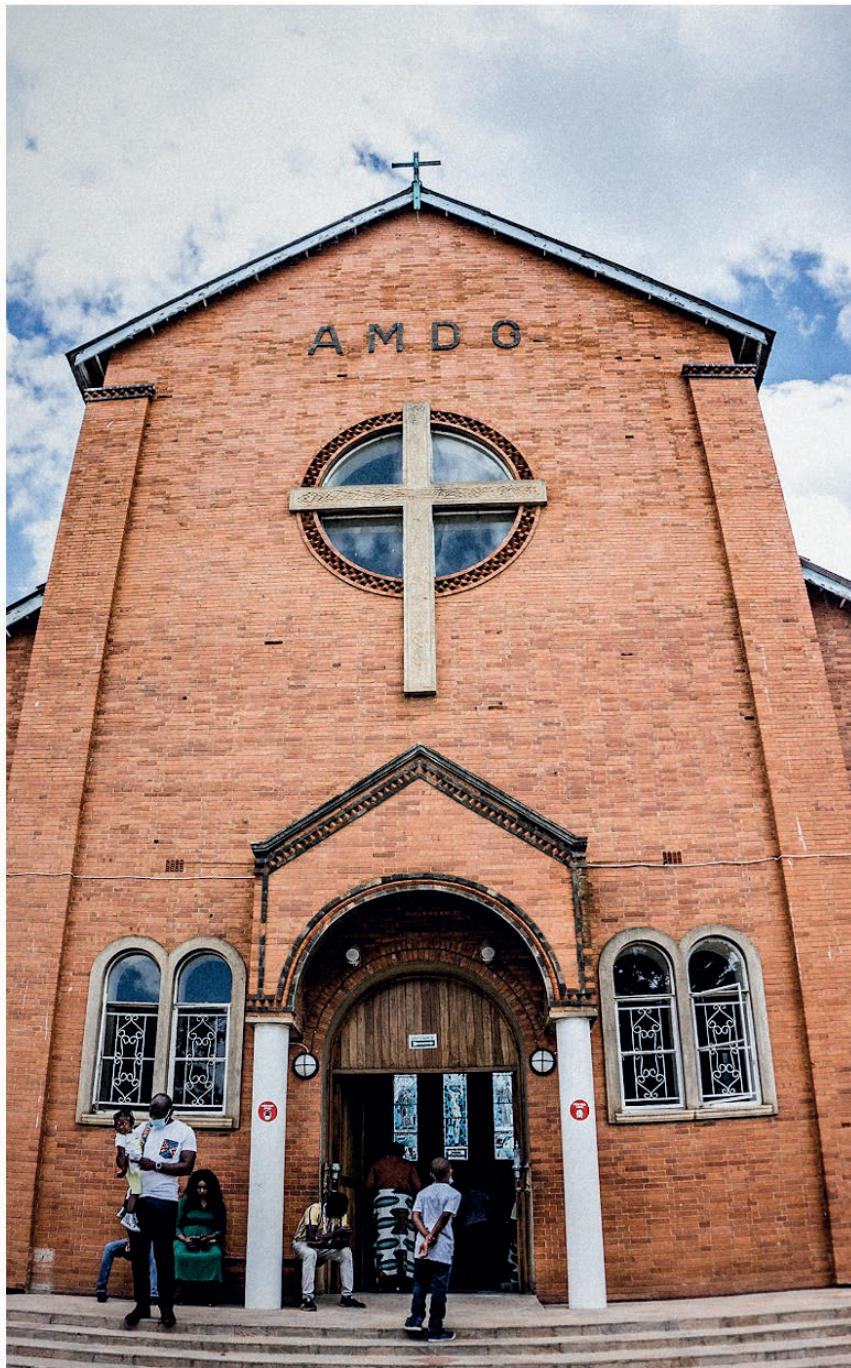
Kalenga Nkonge, aka Bonkoti, is a Lusaka-based photographer. He is also a qualified journalist and a trained carpenter. Kalenga has a background in radio where he spent many years on radio and was known as Daddy O, the number one psychedelic soul brother. Kalenga began using a camera as a tool for visual story-telling by capturing his everyday experience of Lusaka. He began using his phone – taking photos of his surroundings during walks into Chainda Market, Freedom Way, City Market and Kamwala. What drives Nkonge's photographic work is a keen desire to tell stories that we may otherwise miss or not think to document.

Often referred to as a street photographer, Kalenga doesn't fully embrace that label. While he shoots a lot of street photography, he also does portraiture, documentary photography and other forms of photography. He simply wants to be known as a photographer, without other labels and classifications.

Inauguration day

I went to the inauguration of Hakainde Hichilema, aka HH. I knew I never stood a chance of getting into Heroes Stadium so I captured the scenes on the outside





St Ignatius Church in the Rhodes Park neighbourhood - I grew up around this church so I have always had a special connection with the place.

It was the background that caught my attention. I told my son to pick up a mask and took some shots. I often use him and my younger son as subjects in my photos.





There are certain things you can always count on, such as this yellow honey van. You'll find it right outside Twin Palm Mall in Salama Park every day of the week from morning to late afternoon.



Just chilling. This was my very first photo shoot with my friend, the very talented and enigmatic singer, Mumba Yachi.



J&J Transport

SUPERIOR TRANSPORT SOLUTIONS

J&J Transport Africa specializes in the transport of containerized and dry bulk cargo via Beira to/from Mozambique, Malawi, Zimbabwe, Zambia and Eastern DRC

Our state of the art container terminal and warehouse facility in Beira, compliments our large fleet of owned and subcontracted vehicles, providing unparalleled capacity to meet your demands.

We offer

- On time deliveries
- Flat Bed and Low Bed Trailers
- State of the art Container Terminal in Beira
- 25,000 sqm of warehouse space
- Packing and Unpacking of containers
- Bulk handling and bagging facilities in Beira
- 24-hour satellite tracking on all trucks
- Custom Fleet Management solution for accurate real-time reporting

For all your cargo transport requirements, contact J&J Transport Zambia Ltd.

15 Linda Road
 Bonaventure Lusaka, Zambia,
 Tel/Fax: (260) 211 278006
 E-Mail: info@jjzam.com

www.jjafrica.com



J&J TRANSPORT GROUP OF COMPANIES



Plascon

INTERIOR & EXTERIOR

EASY Living



Low **Sheen**
EASY stain resistance
EASY durability
EASY application
EASY on the environment



LEAD & HEAVY METAL FREE



YEAR GUARANTEE

Part of **KANSAI PAINT**

Plot # 7174, Mukatasha Road | P.O. Box RW 79x | Lusaka - Zambia | Tel: +260 211 287978 / 211 288117 | +260 211 288129 / 211 845668 | Fax: +260 211 287932
Plot No. 2715, Nyerere Road | P.O. Box 20362 | Kitwe - Zambia | Tel: +260 212 217018 / 212 218128 | +260 211 288129 / 211 845668 | Fax: +260 212 218089



MUKWA LODGE
KITWE

Marigold
RESTAURANT

✉ reservations@mukwalodge.com

📍 26/28 Mpezeni Avenue, Kitwe, Zambia

🌐 www.mukwalodge.com

☎ +260 962 682 587 | +260 954 987 921

THE LOST EMPIRES OF **ALGERIA**

Words by Bwanga 'Benny Blow' Kapumpa



FUN FACTS



Algeria is the largest country in Africa.



It's the site of the highest state of development of early Stone Age flake tool techniques.



About 200 Saharan cheetahs remain and the majority are found in Algeria



Algeria is estimated to have the largest solar energy potential in the Mediterranean.



The fennec fox, native to the Sahara Desert and Sinai Peninsula, is the national animal of Algeria

YOUR OWN ADVENTURE



- Go quad biking in the sand seas of Erg Chebbi.
- Tour numerous museums and mosques.
- Visit Timimoun, the largest oasis in the Grand Erg Occidental.
- Check out the Sahara International Film Festival, the only film fest held in a refugee camp.

Algeria was home to many great scholars, saints and sovereigns during the Middle Ages. It has seen the rise and fall of numerous empires and dynasties, including those of the Romans, Numidians, Spaniards and Ottomans. As a result, most of the country has such varied, beautiful architecture that you might fill up your smartphone's gallery or deplete your camera's battery.

Most of the populace lives in the cooler and fertile north, and while the Sahara canvases most of the south, you'll still find thriving settlements in the oases. Algerians speak Algerian Arabic, a mix of colloquial and Arabic words, and French is spoken but mostly for education and administrative purposes. English is uncommon but people are friendly and willing to help so you should get around just fine. There's also a bit of a required dress code, for example shorts are considered inappropriate (for both men and women), so outfits have to be modest.

Algeria has been strategically developing its tourism sector since 2004 and this birthed numerous modern and splendid hotels. It is worth noting however, that there has been some rising tension between Algeria and Morocco over the control of Western Sahara. While experts say that all-out military confrontation is unlikely, it is advisable to check credible news sites as you plan your trip.





TIMGAD

Established in 100 AD by Roman emperor Trajan, Timgad was built by the Romans as a colony for army veterans and to intimidate the indigenous Berber tribes. The remains of the ancient city are in present day Batna Province. James Bruce, a Scottish nobleman and explorer 'rediscovered' it much later by accident. When he returned to Europe and reported finding Roman ruins in the Sahara, not a soul believed him. It was another century before an expedition returned to the site and found Timgad.

Timgad has the best preserved Roman ruins in North Africa. It was planned and laid out with unrivalled precision, illustrating Roman urban planning at its peak.

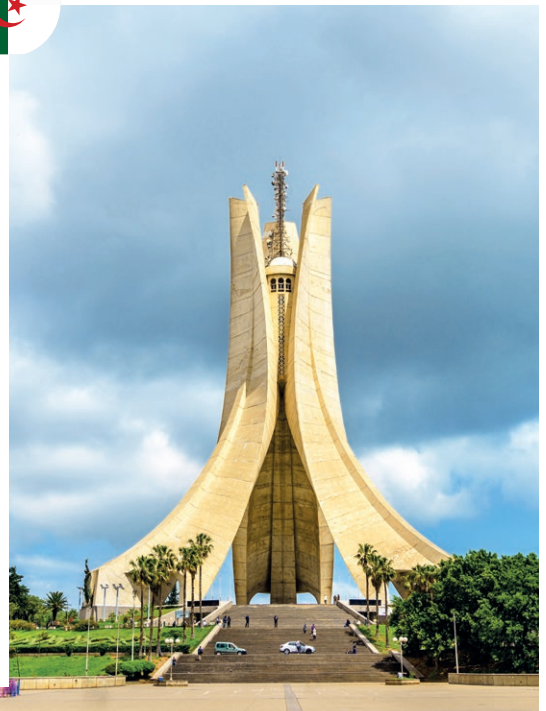
Large rectangular limestone slabs pave the streets and the 14 baths, which still may be seen today, will have you feeling you've travelled back in time. Timgad also had a public library (4th century CE) and an outdoor theatre. You should also have an interesting time discovering the amazing mosaics on some of the houses, which were intended to offset the absence of precious marble. The ruins were designated a World Heritage Site in 1982

ALGIERS

The soul of the capital city might be the steep and narrow labyrinth of streets that form the ancient casbah. There are many magnificent Ottoman palaces to discover here. Immaculately designed and constructed, the finest building has to be the Dar Hassan Pacha. It is a grand mansion that once hosted Napoleon and his empress Eugénie in 1860. It now houses a collection of illuminated manuscripts and contemporary calligraphy by North African and Middle Eastern artists.

If you're an art lover, the Musée des beaux-arts d'Alger or Museum of Fine Arts of Algiers, has a superb art collection. Sometime in 1962, before Algeria's independence, over 300 works of art—worth \$50 million in today's terms—were secretly taken to the Louvre in Paris from the museum. Negotiations to return the works began in 1967 and by 1970; the work was repatriated to Algeria. These included works from the founder of impressionist painting, Claude Monet; Eugène Delacroix; and controversial painter, Gustave Courbet. You can still see most of these pieces today.

Algeria's architectural marvels aren't all from a time before most can remember. The Maqam Echahid Mosque, commonly known in English as The Martyrs' Monument consists of three colossal, concrete palm shaped leaves reaching for the clouds and sheltering the "Eternal Flame" under it. This impressive construct is a tribute to the lives lost in the Algerian War and was opened in 1982.



CONSTANTINE

Built on a rocky plateau, Constantine is one of the oldest cities in the world and is connected by seven bridges. Crossing the picturesque bridges and observing the geography below gives some spectacular views of the gorge. This city has preserved the historic relics of three thousand years of Numidian, Roman, Muslim, Ottoman and colonial rule.

Constantine's spring market would make a lovely afternoon activity, especially during the Annual Celebration of Distillation of Rose Water and Orange Blossom, which is an old tradition.

The Mosque of Emir Abdelkader is said to be the most prominent monument in the city. With its twin 107-metre high towers, it is another one of Algeria's architectural wonders. Additionally, you might also want to check out the Theatre Regional de Constantine for its own architectural greatness.

And if you still have more appetite for impeccably built structures, the Palace of Ahmed Bey would be an ideal stop. Ahmed Bey inhabited the palace as he became ruler, but the enjoyment of his fairy tale abode was short-lived. Two years after he moved in, the French invaded and turned the palace into their headquarters. More than 2,000 square meters of the palace walls were decorated with paintings depicting Ahmed Bey's travels, and the French painted over the precious artwork in an attempt to erase these memories. But today the museum is trying to restore it.



GHARDAÏA

Long ago, the Ibadites, a conservative Muslim sect settled in the M'zab Valley and created a thriving oasis of palm groves. They did this by letting water from intermittent flooding sink through the sand, using underground canals and walls as conduits. This later grew into the cluster of five towns known as Ghardaïa.

Some say Ghardaïa is like its own country with ancient, traditional teachings that are still upheld today. You might see someone with a donkey and the Ibadites' towns are known for working in harmony with nature. Thick walls and narrow windows characterise the houses here and keep people cool. Small niches are carved into walls to collect rare rainwater. Palm trees are also used to fashion doors, and the walls are made of stone and clay. Some walls are crumbling or are a little eroded, giving them character and the feeling that there are numerous stories behind each crack. If these walls could talk... The buildings are closely packed and twisting and turning through narrow alleyways with pastel coloured paint is its own little adventure.

Ghardaïa's market square has a great selection of fine carpets if you're looking for souvenirs, and it is recommend that you find a guide if you'd like to learn about the settlement's culture and history.



ANNABA

Annaba is a port city in Algeria's northeast and home to the Hippo Regius site, the remains of another Roman cityscape now strewn with beautiful flowers, wild olive trees and rosemary. There is evidence to show that the Roman settlement founded at Hippo Regius was actually forged on the remains of a Numidian settlement, the ancient Berber kingdom that ruled present day Algeria and part of Tunisia between 202 BC and 46 BC. The birdlife here is also quite an attraction if you're into birdwatching.

The Annaba Museum or Musée d'Hippone should also make an interesting visit. It has superbly crafted mosaic floors that remain in their original places in the ruins, while some were moved to the museum to protect them from the wrath of the unforgiving elements. They can be seen alongside ancient artefacts and statues. The museum's ground floor has an excellent selection of sculptures including one of the Emperor Vespasian. Upstairs you'll find jewellery, pottery urns, lamps and glass jars.

French colonial influence on Algeria is not hard to find, and one of its most notable buildings is the Basilica de Saint Augustine. It was built with stones imported from France and was recently renovated and painted. Surrounded by Carrara marble, Grenoble stained glass and local onyx, is a statue of Saint Augustine with a glass urn containing one of his arm bones. Walking beneath the huge arches through the nave should fill you with awe.

The coast of Annaba also has some relaxing, golden sand beaches and if you're up for it, Parc Farouk Land is an amusement park that should be great for the little and the big kids.

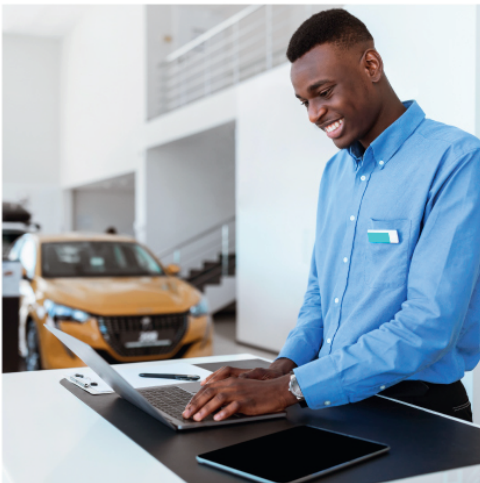




INDO ZAMBIA BANK

SUPPORTING YOU. DEVELOPING ZAMBIA.

Accept payments through your website for your products and services with our Indo E-commerce solution.



The Indo E-commerce solution facilitates the acceptance of online payments through your website.

- 1** Sales growth
- 2** Secure
- 3** 24/7 convenience
- 4** Easy set up

Apply now on www.izb.co.zm

Terms & Conditions Apply.





BOMBSHELL GRENADE: ZED HIP HOP'S MFUMUKADZI

Words by Samm Tembo, Images courtesy of Bombshell

Bwalya Sophie Chibesakunda, professionally known as Bombshell or Bombshell Grenade (also stylised as Bomb\$hell and Bomb\$hell Grenade), is easily one of Zambia's most consistent artists, especially in hip hop, a genre dominated by men. She is known for hit songs such as 'X-Bass,' 'Backshot,' 'Lockdown,' and 'Anajaila,' one of her most lauded collaborations alongside Wezi and Kantu, two of Zambia's most highly decorated songbirds.

With very few women rappers in the industry, Bombshell shows no signs of slowing down or being deterred by the numbers as she continues to dominate the airwaves with single after single,

always accompanied by amazing visuals. 'Lockdown' and 'Assassins,' her 2021 singles released ahead of her debut album *Mfumu Kadzi*, have been received positively by critics and fans alike. At time of writing 'Assassins' had already garnered over 481,000 views on Bombshell's official YouTube channel, only two months after the video had been uploaded.

Considering her consistency and her tangible presence, it's hard to believe Bombshell does not have an album out. This is especially surprising since she has been making music professionally for over a decade.

Bombshell's love for music came at an early age. She was only three years old when

With more than a decade in the game, constantly putting out killer singles backed by amazing visuals, Bomb\$hell has become one of the most recognisable artists in the Zambian music industry. We caught up with the queen of Zambian hip hop in the run up to the release of her new album, Mfumu Kadzi.

she realised she was musically inclined. Growing up, she spent a lot of time around her uncles, who served as her gateway into hip hop. "I grew up around my uncles and they'd always be listening to old-school hip hop, so I started getting a taste of what artists were hot on the scene at the time," Bombshell shares.

"It was through my uncles that I was first introduced to the talents of MC Lyte and Salt-N-Pepa. And as I grew older, I started to discover more artists and their music for myself. That's how I got into artists like Da Brat, Foxy Brown, Lil Kim, Eve and Left Eye. After listening to these artists I just knew I wanted to be a musician. I wanted to be a star."

I let it slip that I've always noticed Da Brat's influence in her music and Bomb\$hell laughs. She confesses that she's always considered herself as more of a Foxy Brown type, at least based on what she's been told. "...maybe it's the mean mugging. I can definitely see that. Da Brat was always a mean mugger. But most people say I remind them more of Foxy."

Bomb\$hell's countenance strikes many people as intimidating. But in reality, that mean mug is nothing more than a facade that wavers once you dig beneath her layers. Beneath those layers you'll find a down to earth person. Something I discovered for myself during our chat as she cracked jokes and was a total delight and a goofball the whole time.

She enjoys making people laugh. It helps to make her feel comfortable around others, and helps others feel more comfortable around her. "I don't like tension or dull moments. I always try to lighten the mood and have fun. This is something a lot of people just don't expect from Bombshell, I guess. Because of my persona," she reveals.

When I ask where the name Bomb\$hell originated from, she had this to say, "I noticed that Eve would sometimes refer to herself as a bombshell in her music and that always intrigued me. That and the fact that I always had a huge afro as a kid, which my uncles would tease me for, saying that I looked like I stepped on a bomb. So, they nicknamed me Bomb," she says with a big laugh.

"Eventually, I started calling myself Bomb\$hell and later when I had a son, he nicknamed me Grenade. And that just kind of stuck with most people that caught wind of it. I never called myself Bomb\$hell Grenade," she chuckles once more. Even



over the phone, I could picture her shaking her head in disbelief. "...but most people ran with it, so now we're here," she adds.

Mfumukadzi or mfumukazi, meaning queen in Nyanja and Chewa, a title the artist is sometimes referred to, is fitting for Bomb\$hell for a plethora of reasons. One of those reasons being her royal lineage, as a descendant of chief Chibesakunda of the Bisa people. That and the fact that

Bomb\$hell has earned the title of queen of Zambian hip hop.

Bomb\$hell's forthcoming debut album Mfumu Kadzi is all about "uplifting one another," as she puts it. "I'm not trying to put myself on a pedestal or anything like that. My aim is for every woman that listens to this album to know and remember that they are mfumukadzi.

CHENA ART GALLERY CAPTIVATING ART LOVERS EVERYWHERE

Words by Samm Tembo, Images by Eness Photography



“Creativity takes courage.” Those are the words of Henri Matisse, a French artist known for his use of color and his fluid and original draughtsmanship. It’s the same courage that inspired two friends, Sepo Musokotwane and Zelipa Mulwanda, to birth Chena Art Gallery.

The gallery was created to promote art and art mentorship by providing a platform for Africans to showcase their work in an environment that fosters growth and sustainability. It was founded in 2018 as an outdoor art space. In 2020 Chena Art Gallery made their collection available online in order to make it accessible to a wider audience. As of 2021 Chena has completed a gallery building to complement the original outdoor exhibition space on the grounds of Nkwashi Estate, a charter city being developed just outside of Lusaka.

One of the major observations made by Sepo and Zelipa before embarking on the journey to creating Chena was that most art galleries in Zambia and Africa were owned by foreigners, something they wanted to change by creating a platform for Africans by Africans. A platform that enables African artists to take control of their narratives and earn the worth of their work in the process.

“When we started, we had this idea to open an outside gallery to help fundraise for The Unforgotten Fund, a charity that Sepo works for. The US-based charity organisation has programmes across Sierra Leone, Zambia, Kenya and Bangladesh,” Zelipa tells me.

Kuba honde
 Icisumino
 Lukwabililo
 Zotheka
 Kukalikila
 Chikulupiro
 Stability
 Ukucengela
 Wonjezani
 Ukucingilila
 Chitsimikizo
 Possibilities
 Kuzwidiliza
 Achievement
 Ubunonshi
 Kuchenjesa
 Likute
 Isubilo
 Ukushipa
 Kuhanyeza
 Kukhala pamtendere
 Dreams
 Ku Konzyeka
 Kukhazikika
 Lwangukulo
 Otetezeka
 Kusumpula
 Chiyembekezo
 Icicetekelo
 Lumuno mu moyo
 Ukusuminisha ukwingila
 Kukaniza
 Kuzwidilila
 Ukucingilila
 Courage
 Limela
 Nsosela
 Mphamvu
 Success
 Tsimikizirani
 Umutende
 Kupambana
 Kukwaniritsa
 Kupita pasogolo
 Chigaminina
 Kusumpula
 Tsimikizirani
 Belief
 With
 Resilience
 Wamina
 Chifuniro
 Growth
 Icsumino
 Ukukuula
 Umuntu
 Mwayi
 Tundamo
 Zuelopili
 Security
 Kuntanshi
 Amaka
 Empowerment
 Buntungwa
 Kupeta
 Kukula
 Zuelopili
 Kukula
 Silelezo
 Umutende
 Confidence
 Bundo
 Njirayo
 Buisepo
 Sepo
 Ipaloo
 Kudalira
 Kuchala pamtendere
 Ukushipa
 Wonjezani
 Ukucingilila
 Kuntanshi
 Lumuno mu moyo
 Kususweza
 Buisepo
 Kupambana
 Kusumpula
 Kususweza
 Lwangukulo
 Likute
 Kupita pasogolo
 Kususweza
 Ubunonshi icilayo
 Freedom
 Ufulu
 Icicetekelo
 Lumuno mu moyo
 Sepiso
 Muuya
 Nsozela
 Kukalikila
 Chifuniro
 Silelezo
 Kwezeza
 Tumelo
 Peace of mind
 Kuba honde
 Chikulupiro
 Maloto
 Zotheka
 Isubilo
 Kuzwidilila
 Kukwaniritsa
 Chiyembekezo
 Assurance
 Litolo
 Sepiso
 Lukwabililo
 Buiketo
 Nsosela
 Kutalifa
 Lwangukulo
 Opportunity
 Lumuno mu moyo
 Chitetezo
 Kuntanshi
 Tsimikizirani
 Buntungwa
 Kupeta
 Wamina
 Mphamvu
 Kupeta
 Tsimikizirani



Live with confidence



"We sat together and said, 'Look, we don't have an actual gallery right now, let's do something outside, and make it an outdoor gallery.' That's how we went from that concept of a gallery for a charity, to what we're doing now at Nkwashi: running a sculptor park, an outdoor museum and an artist in residency programme. Initially, it was supposed to be a one off event, but it just took life from there. I don't even know how or when, we were just happy to go with it."

Sepo has a background in education and Zelipa has 14 years of volunteering experience. They use their different skills to achieve their shared goals. The two friends and business partners discovered that they shared a common interest in art, both possessing a love for design and curating spaces. They started out doing carpentry and expanded their repertoire, creating different kinds of art works.

"We actually started out doing carpentry, building things, and we still do, once in a while, just not as intensely. We realised shipping these products would be costly, as they're chunky and heavy and they require certification. It was quite the headache. We decided that if we did something that has impact, is still creative, and is still artistic, we would actually do more with our talents. So we went into art. That was well over five years ago," Sepo shares.

"We've always been at one idea or the next. We're very good at accepting a crash and starting over and I think that's what helped us get here. There's an element of complementary talent that we both appreciate and value from each other.

There's always a perspective and a continual innovative and iterative process with us. Just to show you how dynamic we are, we would go from designing furniture to designing jewelry and fashion. And through all of these things, all these skills actually blend together; because with 2D and 3D art you're looking at sculpted pieces. All the experience gathered from working with different materials comes into play. Suffice it to say, we've been at it for a while but we don't stop exploring."

One of the most exciting things about Chena is their mentorship programmes such as air.nkwashi, the artist in residence programme at Nkwashi. There's also the ASK (Art Starter Kits) initiative focused on the mentorship of youths in peri-urban and rural areas with the aim of inspiring an appreciation for art and engaging vulnerable communities through art. It also aims to equip young people from these communities with entrepreneurial skills.

"I'm very passionate about education. So what we do is we take elements of academic progress and performance and

we help these kids plan their futures by seeing what we can do to partner with organisations that can help with sponsorship and get these kids into institutions of higher learning. With the educational background that I bring, and the community development background that Zelipa brings, we then use all those aspects of our experience and passions and feed that into art," Sepo explains.

Chena's founders see art as an essential part of culture. It's what makes a city buzz, be it Nkwashi or any other city. Preserving and promoting African history and culture is one of their objectives.

Chena considers art a fundamental instrument in redefining the future of a society. Their activities are focused on seeing a direct and, where possible, immediate impact in the communities they support.

The journey of setting up Chena was not without its challenges. But through hard work, persistence and innovative thinking, Sepo and Zelipa have brought their vision to life.

Visit chena-gallery.com to learn more about the gallery. Also check them out on Facebook, Twitter and Instagram.



Zelipa Mulwanda and Sepo Musokotwane, Chena Art Gallery co-founders

Chena Art Gallery was created to promote art and art mentorship by providing a platform for Africans to showcase their work in an environment that fosters growth and sustainability.



REFRACTIVE ERROR

What is a Refractive Error?

Refractive error means that the shape of your eye does not bend light correctly, resulting in a blurred image. The main types of refractive errors are myopia (nearsightedness), hyperopia (farsightedness), presbyopia (loss of near vision with age), and astigmatism.

Symptoms

- blurred vision
- double vision
- haziness
- headache
- eye strains
- squinting

Causes

Overuse of the eyes does not cause or worsen refractive error. The causes of the main types of refractive error are described below:

- **Myopia** (close objects are clear, and distant objects are blurry)

Also known as nearsightedness, myopia is usually inherited and often discovered in childhood. Near sightedness may develop gradually or rapidly, often worsening during childhood and adolescence. Near sightedness tends to run in families

- **Hyperopia** (close objects are more blurry than distant objects)

Also known as farsightedness, hyperopia can also be inherited. Children often have hyperopia, which may lessen in adulthood. In mild hyperopia, distance vision is clear while near vision is blurry. In more advanced hyperopia, vision can be blurred at all distances.

- **Presbyopia** (aging of the lens in the eye)

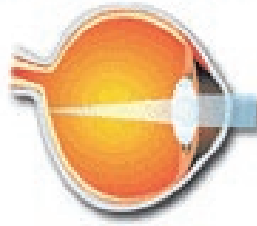
After age 40, the lens of the eye becomes more rigid and does not flex as easily. As a result, the eye loses its focusing ability and it becomes more difficult to read at close range. This normal aging process of the lens can also be combined with myopia, hyperopia or astigmatism.

- **Astigmatism** Astigmatism usually occurs when the front surface of the eye, the cornea, has an asymmetric curvature. Normally the cornea is smooth and equally curved in all directions, and light entering the cornea is focused equally on all planes, or in all directions. In astigmatism, the front surface of the cornea is curved more in one direction than in another. This abnormality may result in vision that is much like looking into a distorted, wavy mirror. Usually, astigmatism causes blurred vision at all distances

Risk Factors

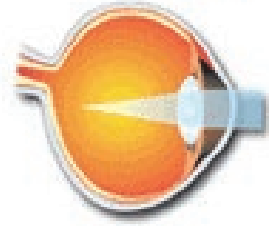
People with high degrees of myopia have a higher risk of retinal detachment which may require surgical repair.

Normal Eye



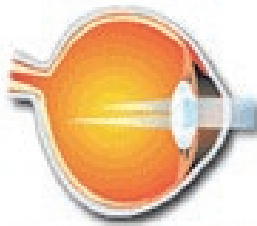
Light rays focus on the retina

Myopia



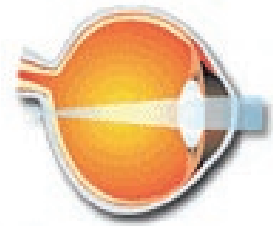
Light rays focus in front of the retina

Astigmatism



Light rays focus on more than one point (unequal refraction of light in different meridians)

Hypermetropia



Light rays focus behind the retina

Tests and Diagnosis

A refractive error can be diagnosed by an eye care professional during a routine eye examination. Testing usually consists of asking the patient to read a vision chart while testing an assortment of lenses to maximize a patient's vision. Special imaging or other testing is rarely necessary.

Treatment and Drugs

Refractive disorders are commonly treated using corrective lenses, such as eyeglasses or contact lenses. Refractive surgery (such as LASIK) can also be used to correct some refractive disorders. Presbyopia, in the absence of any other refractive error, can sometimes be treated with over-the-counter reading glasses.

There is no way to slow down or reverse presbyopia.

Have an eye checkup once a year and Vision Care Group is committed to serve your eye sight. For any further information visit us at any of our branch network in all the Shopping Malls. (Remember you have one pair of eyes – Look after them.) The author is a Senior Optometrist and Contact Lens Practitioner at Vision Care Opticians **Cephas Kasanda Sicalwe**.

YOU ONLY HAVE ONE PAIR OF EYES, LOOK AFTER THEM!

EYE HOSPITAL
Independence Avenue
+260 955 233 601

SOCIETY BUILDING BRANCH
+260 950 793 599

GREAT NORTH MALL BRANCH
+260 957 673 766

D.R CONGO BRANCH
+243 907 376 769

KITWE BRANCH
+260 950 069 510

MAKENI MALL BRANCH
+260 954 438 097

EAST PARK MALL BRANCH
+260 955 271 134

CHIPATA BRANCH
+260 954 562 858

SOLWEZI MALL BRANCH
+260 954 317 860

WATER FALLS MALL BRANCH
+260 954 241 596

MANDA HILL MALL BRANCH
+260 953 041 788

KABWE MALL BRANCH
+260 950 069 510

LEVY JUNCTION MALL BRANCH
+260 957 673 370



GWM

NEW GWM P-SERIES BORN TOUGH - BUILT SMART



2.0 Diesel 4WD AT **\$45,793** duty paid & **\$29,700** duty free

Vehicle Finance available from all banks

Call us on **+260 978751090** to book a test drive

Southern Cross Motors | www.southerncross.co.zm

Page 50.

Cape Town and the West Coast region of the Western Cape are among South Africa's top tourist attractions. We tell you how best to experience these two gems whether you're solo, with friends, family, your significant other or only have a single day to explore.

FEATURES.

50

54

56

58

60

MARIA KRISTU

MAILAIKA MUMBA



THE BEST WAYS TO EXPERIENCE CAPE TOWN AND THE WEST COAST

Words and images by Noxolo Kapela

It is true what they say about the Western Cape being a gift that keeps on giving and unsurprisingly the province receives hundreds of thousands of visitors each year.

Whether travelling on your own, with friends, with family or your significant other, and even if you only have a day to spare, there is always something to look forward to.

Let me take you on a tour around Cape Town and the West Coast region of Western Cape. Vibrant Cape Town is the star of the Western Cape. The West Coast on the other hand is the sleeping beauty. Life is slow-paced but rich with history and human interactions. Let's see which one is going to steal your heart.

Destination: Cape Town

The award winning city of Cape Town is and will forever be a global darling. This is one city that knows what it means to cater to visitors. It does not matter whether they are young or old, international visitors or locals. No day is the same as the other in Cape Town. Brace yourself for the experience of a lifetime as you explore the Mother City.

Solocation

Stellenbosch is known for its beautiful surroundings as it is framed by beautiful mountain ranges. It also offers the best country style living in the Cape. It is a perfect location to relax and visit wine farms for wine tasting. Do try a wine pairing dinner in one of the top restaurants

also. If you visit on a weekend, farmers markets are a great way to learn about the people and the food. Furthermore, if you visit at the right time, it's beach day, every day.

Famcation

Cape Town is buzzing with family activities. No family vacation is ever complete without a beach day. If you are not scared of cold water you can swim in Camps Bay. Muizenberg has warmer waters and is perfect for swimming at any time of the day. Be daring, go swimming with seals and kayak with penguins in Simon's Town. One of the most exciting family events in Simon's town is the Air Force Parade Day. This is an annual event that you need to align your trip with if you want to win the



HARRISON & ASSOCIATES

Chartered Accountants and Business Advisors

Are your wings clipped by the business authorities for non-compliance?

At Harrison & Associates Chartered Accountants and Business Advisors, we will handle your business-related compliance matters such as auditing, accounting, tax, company secretarial, management consultancy, and other value-for-money assignments; and allow you to continue flying high.



No. 8 Lubambe Road, Northmead,
Lusaka 10101, Zambia.



+260 211 845 541
+260 977 654 599



mp@harrisonandassociates.com
www.harrisonandassociates.com



parent of the year award.

On another day you can catch the first boat out to Robben Island and take a short trip to Zevenwacht for a picnic.

Baecation

For easy going couples, wine tasting, sunset boat cruises, picnics and visiting art galleries is the way to go. For some adventure, paragliding, dune bashing and kite surfing are the perfect activities to get lost in. Weekend markets like Oranjezicht are also great for you to spend precious time with your partner.

Friendcation

I have been to Cape Town enough times to know that for a perfect time with friends you need to stay in the City Bowl as it gives access to the entire city. Most importantly, the views are amazing if you choose your accommodation correctly. However, if you want a bit of luxury you can also stay in Camps Bay. Why not start your day with a sunrise hike up the Lion's Head. While at it, look for a secluded spot for a yoga session. You can also join a group as there are sometimes group sessions.

I can't think of any better way to spend a great time with friends than going to the

Atlantis Dunes for quad biking, off road biking and sand boarding, among other things.

Daycation

Wake up early to catch the first Franschhoek Wine Tram so that you can maximise your day. You will have enough time to get off and have brunch at one of the wine estates and then off again for a

late lunch at a wine pairing restaurant. All while taking in the amazing views the area is known for.

Wrap up your day by visiting the Kirstenbosch Botanical Gardens. This experience is even better when you pick a day when there are live performances. You could also spend a day in Bo-Kaap. Learn about this historic area and the patriots, entertainers and artists that have been preserving its culture for decades.

Destination: West Coast

For the best holidays in the Cape, head west. The West Coast is the perfect spot for all your quaint, peaceful and slow-paced living. Small towns like Yzerfontein are your best bet. All you need is a good book, a yoga mat, comfy shoes and swimwear. Plus the food in small towns is always amazing and mostly homemade.

Solocation in Yzerfontein

Yzerfontein is the place to visit when you want to connect with yourself. This small, enchanting town has pristine beaches and is so serene. It is the perfect place to go alone to refresh and find peace of mind. Take long walks along the boardwalk in the afternoon and beach jogs in the mornings.

Famcation in Tietiesbaai and Patenoster

Tietiesbaai is famous for its annual jazz festivals. This beautiful bay is five kilometres away from Patenoster. The main attraction here is fishing. This would be a fun activity to be enjoyed by the whole family. There is no accommodation in Tietiesbaai, which means that you and your family would stay in Patenoster. This small town has various family activities including kayaking, boat cruises and fishing. The star





of the show would have to be the food. Come with your palette cleansed.

Baecation in Patenoster

The minute you set foot in this small town you are greeted by a sense of community and peace. It is one of the country's hidden gems. Why would you want to go anywhere else with your partner? Morning walks and private beach time with amazing sunsets are enough to bring you and your partner closer than ever.

Apart from sun bathing and taking a dip in the water, there are a few water sports couples can enjoy there. You can test who is good at leading and coordination with a kayaking experience or get lost in the sunset on your own chartered boat.

Find out from the locals which are the best restaurants in town. I have a few favourites like Gaatjie and Leeto. The Crayfish Wharf is one of my preferred hangout spots with a selection of restaurants overlooking the beach for the foodies and an art gallery.

Friendcation at the West Coast National Park

Have you ever wondered where those beautiful pictures with a sea of flowers that goes as far as the eye can see are taken? Well, the West Coast National Park is your



spot. The showy plants of the area, usually growing on granite or limestone rocks, especially during spring time, and these are the main attraction in this fascinating park. There is a recorded total of 482 plant species in the park. I have never seen a better, picture perfect sight. Call all your friends for a special time out. When you are done, go discover nearby Kraalbaai.

Daycation in Kraalbaai

Who wouldn't want to find themselves stuck in this little fishing village for a day,

where the only mode of transport is boats? Amongst other things, house boats are the main attraction.

The town's whole in the wall rock feature and other lovely rock formations make for lovely pictures. This would be a perfect spot for a picnic, a braai, swimming and playing your favourite music. You can also book a boat for the day and sail out to an island just off the coast and indulge in some snorkelling.

**WE KNOW THAT
99% SAFETY JUST ISN'T GOOD ENOUGH
ONLY 100% WILL DO.**



EXCEEDS ISO 20345 STANDARD

For more information or your nearest agent please call +260 977 999034 or email shoesales@zambeef.co.zm

100%
INDUSTRIAL FOOTWEAR



Paul Wilo (standing, left), runs lines with the cast of *Maria Kristu: The Buumba Story*

MARIA KRISTU

A win for Zambian filmmaking

Words by Samm Tembo, Images courtesy of Paul Wilo

Independent filmmaker Paul Wilo has joined an exclusive club; he has become one of a tiny group of Zambian filmmakers who've had their films screened at the Cannes Festival. He joins Ngosa Chungu and Rungano Nyoni in this club. Cannes is one of the biggest and most prestigious film festivals in the world, held annually, in France. The festival, which began 75 years ago, celebrates the best of cinema from all around the world.

Maria Kristu: The Buumba Story, the second feature film by Lusaka born filmmaker, Paul S. Wilo, wowed audiences at Cannes and won three awards: Best African Film, Best Indie Feature, Best Director Indie Film Feature, ahead of the movie's local

premiere which took place on 2nd October at Nu Metro cinema in Lusaka. *Maria Kristu* is also nominated at this year's Fespaco Film Festival (the Pan-African Film and Television Festival of Ouagadougou) in Burkina Faso, Africa's biggest film festival.

Paul's journey of becoming a filmmaker is one you'd expect coming out of a country where there is no film school and where the film industry is still in its infancy. He's self-taught and relied heavily on the internet to learn the skills needed for filmmaking. He mostly relied on YouTube and free classes he could find across the web.

Growing up, Paul always had an interest in storytelling. Around the age of 12, Paul's

fascination with film grew, motivating him to read a lot of books. By the time he got to high school, Paul's desire to become a storyteller only grew stronger; especially when he started to take literature classes. At this point he flirted with the idea of becoming a novelist one day.

"When I completed high school in 2011, I wrote and thought up stories, and I continued till around 2012 when it became vividly clear that I needed to share my stories. I didn't just want my characters to end on paper. I wanted to see them come to life up close, on television. So I started to do a little bit of research on what short films are and what it takes to actually make a movie," he shares with *Nkwazi*. There's so much



A pivotal scene from *Maria Kristu: The Buumba Story* - the main character, Buumba, reacts to some life altering news

glee in Paul's voice as he regales me with anecdotes from his journey, trying to share as much as he can in the limited time we have before his next meeting.

"To be honest, I really didn't understand what I was getting into. But I started to ask around on who I could talk to if I wanted to break into the industry, and by 2013, I started to do a little more practical research in terms of doing short films and I only developed from there...By 2015, I had already produced my first feature with my friend, Abel Phiri."

After collaborating with some trusted friends and colleagues who shared the same insatiable hunger for storytelling and chasing a dream, Paul's dream of seeing the characters he created on screen was realised when Zambezi Magic bought *Broken*, his first feature. This earned him credibility and access to the resources needed to be able to bring *Maria Kristu* to life nine years later.

Inspired by real-life events, *Maria Kristu* is a story about a young girl, Buumba, who's full of life and curiosity, but is stuck in a system of indoctrination. A system that strips her of her humanity and convinces her that she can't be anything more than what she's been taught to be. "Buumba is a writer. She's passionate about writing and everybody's telling her she can't do it,"

Paul explains. "Because she's not allowed to chase a dream or be different, like most women. Buumba is taught to be submissive and is subjugated to this institution of oppression."

Paul worked as a writer on *Nseke*, a Zambezi Magic series. He has also worked on the set of *Mirrors*, another local TV production. Additionally, Paul has worked on a number of short films including *Wounded* (winner of the Best Script award at the Sotambe Art and Film Festival), *Little Humans* (nominated at the Lake International Film Festival - Best Movie for Children), *Scars* and *For Racheal*.

And while Paul had little choice but to turn to the internet to learn his craft, he is giving other budding storytellers more options. He co-owns Real Image Media Creative Hub, which trains actors and writers. So far the hub has produced two short films directed by Paul's founding partner, Cecilia Pinky Mwansa.

These up and coming storytellers have Paul to look up to and when asked who inspired him on his path he cites Penelope Kandutu, his former English language teacher at Namukundwe High School in Central Province. "In the process of me becoming a filmmaker I dilly-dallied a little, but I had a teacher who always encouraged me to pursue writing and storytelling, and that

really helped. It's easier when you have someone who believes in you," Paul tells Nkwazi.

"I ran into my former teacher while in college, and she asked me, 'What are you studying?' I told her I was doing business studies, and she immediately told me, 'That's not your calling. Your calling is film and storytelling! If you're doing business studies, I don't think it's something you're going to use as a person. But you can still use it as a stepping stone to get to what you were really meant to do.'"

“

Buumba is a writer. She's passionate about writing and everybody's telling her she can't do it. Because she's not allowed to chase a dream or be different...

MPOTO YATHU

The new spot in town

Words by Tokozile N. Ngwenya, Image courtesy of Jelena Kraljic

As my date and I walked into Mpoto Yathu what really caught my attention was the African-inspired décor. The lampshades in the ceiling were well thought out. Curiosity getting the better of me, I couldn't help but ask about the décor, and we learned that the materials used to make the lampshades were imported from Malawi. Yasmine who runs the restaurant with her daughter, Jelena, was born in Malawi and moved to Zambia when she was three years old, hence her strong connection to Malawi. The mats hanging on the wall were purchased from Zanzibar, where Yasmine's sister lives. The traditional masks and the bicycle ornaments hanging on the wall were all sourced within Zambia.

We hadn't been in the restaurant long, and I was already starting to fall in love with the place. Not only was it family-owned, it also had a heartwarming story.

Our pleasant waiter, Ba Geoffrey, quickly came to our service, taking down our orders. We discussed wine options and I settled for the Lands End, a 2018 Sauvignon Blanc, which I had never tasted before. It proved to be well balanced and easy-going on the palette.

We ordered the shoka steak, which is T-bone steak accompanied with chips, selected from their outside butchery, then grilled over charcoal. The portions are generous. I also appreciated having the option of choosing the specific cut of meat you desired. In addition, outdoor seating affords patrons the choice of watching their meat as it's prepared. I'm an avid believer in kitchen transparency. In a restaurant, what happens behind closed doors is my business.

For starters, we ordered the grilled veg skewer, which was my favorite. It was grilled to perfection, with the juice still flowing by the time it reached our table. To top it off, ba Geoffrey picked up the



bib that had been laid on the table and tied it over my neck. He was giving me world-class treatment and that's just what I like.

Yasmine and Jelena joined our table to ask how we were doing, which organically transitioned into them telling us how this had been a dream for seven to eight years before it came to fruition. Everything was thought through in great detail: the cutlery, setting, serving bowls, you name it. I smiled and shared how I loved food. Yasmine smiled and cheekily said, "I can tell," poking at my T-bone-filled belly and making me chuckle.

Mpoto Yathu, which means our

pot in some local languages, opened in the last week of June 2021 and is a perfect metaphor for the business. Mother and daughter taking a leap of faith to venture into a business in a sector new to them amidst the Covid-19 pandemic; a challenging climate for all entrepreneurs.

However, what really tugged at my heart is that Jelena has employed her domestic help's daughter and son as a waiter and cleaner at the restaurant. In addition, her driver's wife was also provided with work. So when I say that this is a family business, I truly mean it.

We were the last people to leave the restaurant and it felt like we were leaving an auntie's house, filled with food, openness and love which is not something you experience every day.

PROFLIGHT
Z A M B I A



MERRY CHRISTMAS FROM PROFLIGHT!

Thank you for your support in 2021 and we wish our clients, agents, suppliers and all fellow citizens a *Merry Christmas, and a Plane Smart 2022!*



reservations@proflight-zambia.com

☎ ZM +260 977 335 563

☎ ZA +27 (0)11 390 1110

📞 +260 956 374 743



Esnala Banda at the 2019 Ngoma Awards

IN CONVERSATION WITH ESNALA BANDA

Words by Leelee Ngwenya, Images courtesy of Esnala Banda

Esnala Banda made a big splash on the Zambian literary scene in 2019 when she published her debut poetry anthology, *Sketches of Paranoia*. The anthology was nominated for two Ngoma Awards, one for outstanding poetry and the other for most creative female writer. She took home the Gwendoline Konie Award for Most Outstanding Poetry.

She shares, “Winning a Ngoma Award was very surreal because of the fact that my book only dropped in October, and the awards were in December. My publishers decided that we should go ahead and submit because we had test copies and initial copies out. Surprisingly, *Sketches of Paranoia* got nominated for two awards! It was a very surreal experience, as well as an

enormous reminder that your dreams are valid!” Since then, she has worked on her follow up poetry book, *Hot Chocolate and Deep Freezers* which was published in 2021. On publishing her second poetry collection Esnala says, “There was definitely pressure for the second book to surpass the success of the first. I think that’s normal especially if there’s a lot of traction and a lot of noise around it. However, I would have to say by the beginning of 2020, my second manuscript was pretty much done. It just needed a few tweaks. It’s a collection of poems I had written from 2018 to 2020 that I took time putting together.”

For this project Esnala went through about six or seven working journals looking for poetry that fit the theme because she had already titled this project. The theme came first and she

would write all the poetry that fell under the theme in one notebook. She eventually stopped writing when it felt like a complete body of work. The title *Hot Chocolate and Deep Freezers*, may seem odd but the author explains, “Chocolate and deep freezers has been like a long standing

“

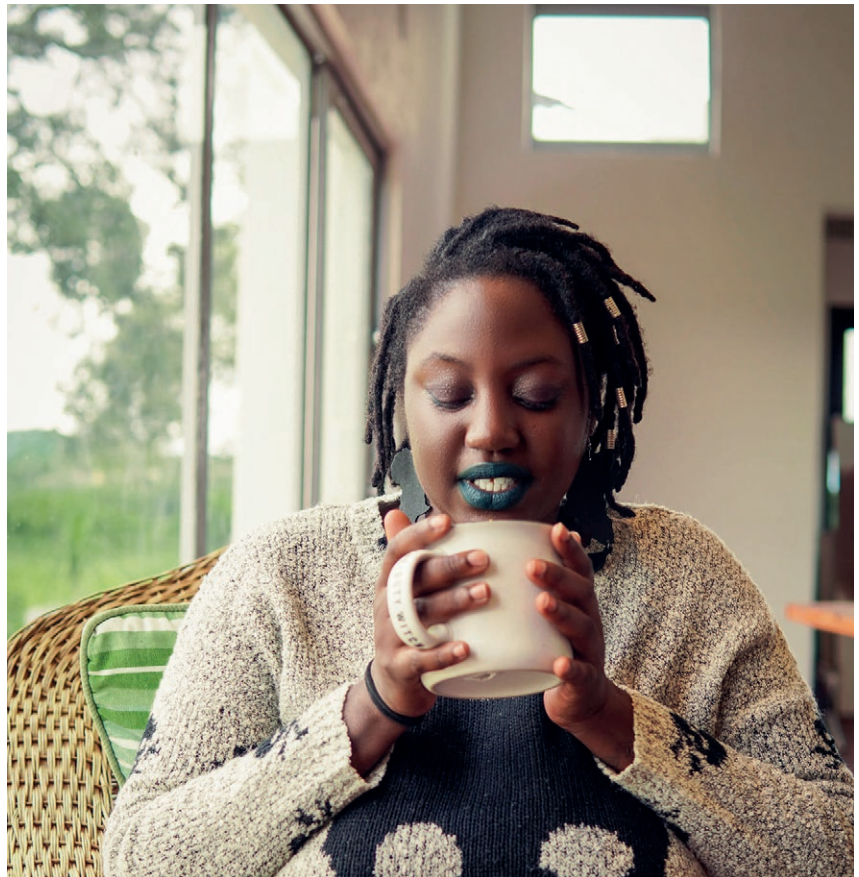
If you cut me open, what you'll find are words, because I honestly love writing. I love the writing craft and the challenges that come with it.

inside joke between one of my friends and I. That's our code for when we're having deep conversations and heart-to-hearts. In terms of relating it to the book, hot chocolate because of all the warm and fuzzy feelings that you get with hot chocolate. Deep freezers because it's a metaphor for where you put away the emotions that you want to keep but you don't want to deal with."

Themed around love, Esnala's second anthology is a stark contrast to *Sketches of Paranoia* which addresses darker, more sombre themes. *Hot Chocolate and Deep Freezers* digs deep into emotions and celebrates the complexity of love, the author shares, "I think it was definitely a very vulnerable thing to do. If you read my dedications, it does say that I'm writing certain people into eternity." She continues, "We don't take as much time to talk about love in the way that I express it in the book, in its raw honesty and beauty of for what it is, whether it's reciprocated or not, and whether it makes you feel happy or not, because, these are the realities of the lives that we live in. I think it's important to open it up so that other people are also okay, with being vulnerable with themselves. For me, this project was really a lot to do with being vulnerable with oneself."

The poems in *Hot Chocolate and Deep Freezers* are short form, a change from *Sketches of Paranoia*. Esnala confirms that this was no accident. "The style of poems featured in the book is intentional. With my last book we did have long form poems. With this book the poetry I was putting together was mostly micro poetry and we thought it would be easier for people to digest, especially considering the topics. It's great if you're going to do a long piece that makes people vulnerable, but being a spoken word artist that's where I feel long form poems that touch on these emotions belong."

Being a writer can be challenging but over time Esnala has found ways to combat the proverbial writers block by participating in writing challenges



and using writing prompts. "The micro poetry challenges do help. I haven't done one yet this year, but I like to do a month dedicated to micro poetry and just explore different aspects of writing. Last year I used writing prompts every day and that was actually very interesting for me. I like to take a month just dedicated to writing, it helps me stay disciplined, because there are definitely long periods where I go without writing."

Writing for work, pleasure and as an author is her life but it can be challenging. When asked how she finds the balance in her creativity she muses, "If you cut me open, what you'll find are words, because I honestly love writing. I love the writing craft and the challenges that come with it. So, it doesn't matter what I'm writing, whether it's for work, whether it's an article. I have a passion for journalism and continue to write for several magazines. I love writing profiles, I

like to talk to people, and just find out about other people's lives. That keeps me on my toes because I constantly have to reinvent how I write."

As for what is next, Esnala shares "I'm actually not sure. Right now, I'm still thinking of my next product. It might be different. I am considering writing letters and opening up that side of myself, much like I used to do on my blog, *The White Lily Speaks*. That format is basically letters to other people addressing different issues that are in my life. It would be along the lines of social commentary on a personal level and not necessarily political, not current events, but some sort of social commentary."

Whatever she decides to go for, one thing is certain, we look forward to Esnala's next vulnerable and relatable body of work and the adventure that it will take us on.

MALAIKA MUMBA

A taste for life

Words by Taonga Kaonga, Images courtesy of Malaika Mumba

The number of Zambian women engaged in entrepreneurship is growing exponentially. With many young women reaching greater heights, chasing their passions and owning profitable businesses, one can only be inspired. I was certainly inspired following a fun and enlightening conversation with Malaika Mumba, author of the books *Try Vegan: The Essential Vegan Cookbook* and *Banting on a Zambian Diet* and owner of fashion line MM Fashion.

Malaika is a Zambian entrepreneur based in the UK. She grew up in both Zambia and the UK. "I have always been business-minded and I come from a family of business-minded people," she shares.

When she completed her studies in business administration, she wanted to open her own fashion shop in the UK, however, this did not work out as the market did not allow for it. The cost was a little too high to run her business.

"I then decided to go back to school and study project management to help me acquire a specific skill to jumpstart my career in fashion. I felt that if I studied the course, it would help me manage my business project," Malaika explains.

Malaika then joined one of the biggest software companies in London, CONDECO, as a project manager. While at CONDECO, where she worked for five years, Malaika started getting panic attacks and saw countless doctors. She was hesitant to take medication to address her panic attacks.

After doing some research, Malaika decided to change her diet. "I got off sugar, stopped eating junk food and reduced my meat consumption for a month. Surprisingly, I started to feel better. I also decided to start a food journal to keep track of my food intake and how I felt. I then realised that certain foods gave me panic attacks," she explains.



Following this experience Malaika started a nutrition blog to help herself and others. "I then got curious about being vegan. Veganism was a trending topic at that time, so I tried it for a month. It was very difficult at first because I liked meat. I lost a lot of weight, my body felt weak and I was low on energy. I was not happy and I believe that diets should not make you sad," she explains.

Even though she didn't have the greatest experience with the first month of being vegan, Malaika didn't give up. So she researched more and followed a vegan diet for three months. "It was amazing," she says enthusiastically. Her research helped her figure out what foods to eat. She tried different recipes and after the second month she was inspired to write her first book, *Try Vegan*. The book contains some of Malaika's favourite vegan recipes and was written to encourage people to try a vegan diet for 21 days. It also delves into her personal story and experience with veganism. Unfortunately finding a publisher for her book was a challenge, especially as she was still working full-time as a project manager.

However, when the pandemic hit, Malaika took a sabbatical and went to South Africa. During lockdown, she went back to the drawing board and managed to find partners to help publish her book. 'It was the perfect time because people were in their homes and needed to order,' she explains.

Malaika first published on takealot.com which is one of South Africa's biggest online retailers. "My book was doing well and my publisher decided to make it international. We sold it to the US and it's now in UK's biggest bookstore, Waterstones. We finally brought it home in Zambia last December," she says. When asked why the book only came to Zambia later, she joked about how Zambians love their meat.

After her first book, Malaika decided to do something specifically for a Zambian audience. She recently released her second book, *Banting on a Zambian Diet*, as she noticed a growing interest in banting in the country. 'I started working on the book last year. I also want to go digital with it, to reach a wider audience,' she explains.

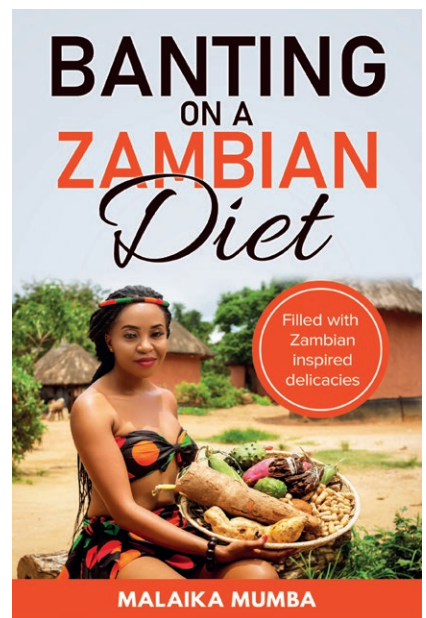
Malaika is a woman who wears many hats and is always willing to chase her passions. Besides food and nutrition, she has always

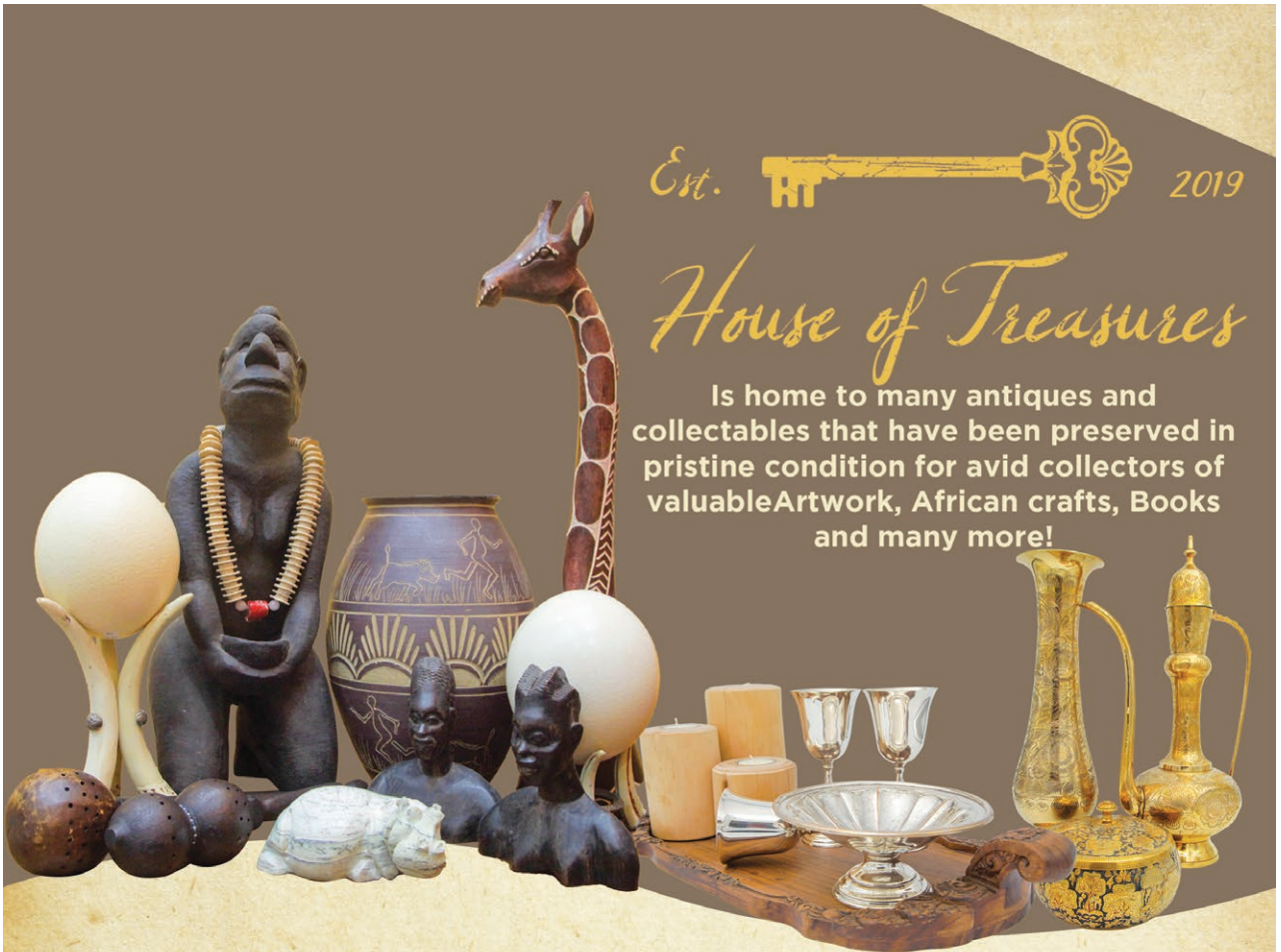


been passionate about fashion and she finally decided to take the plunge and create her own fashion line called MM Fashion. Malaika currently employs four people who help her with MM Fashion but she designs all the pieces herself and she loves her work.

'I fell in love with a certain fabric I found in South Africa, it was rich and unique and I knew I would create beautiful pieces of clothing with it,' she says as she explains the origins of her fashion line.

MM first launched in South Africa and Malaika was impressed with the reception. She then brought her fashion line to Zambia people and she says the reception has been equally great. Malaika's work is encouraged by our rich African cultures. She wanted to create a modern and chic African style. She hopes to put Zambia on the map with her work.





Est. **HT**  2019

House of Treasures

Is home to many antiques and collectables that have been preserved in pristine condition for avid collectors of valuable Artwork, African crafts, Books and many more!

- CRAFTS • ANTIQUES • VINTAGE • ART • VINTAGE CAMERAS •
- RARE AND COLLECTABLE BOOKS •
- COLLECTABLES (STAMPS, COINS, BANKNOTES ETC) •



• EAST PARK MALL SHOP 71F • CELL: 0770027000 •
EMAIL: house.of.treasures.lusaka@gmail.com

2022 SMART SAVER IS HERE!

2022 annual subscription
**EARLY BIRD
SPECIAL!**



WAS

~~ZMW 350~~

NOW!

ZMW 300

Download the app!



PROMO ENDS DEC 31ST 2021

DESTINATIONS

plane smart



Fly
CemAir

PROFLIGHT
ZAMBIA



reservations@proflight-zambia.com

+260 977 335 563

+260 956 374 743

+260 974 778 552

www.flyzambia.com

INSIDE PROFLIGHT.



Your place for all things Proflight, from news updates to fleet and customs information.

64

66

67

70

FLIGHT SCHEDULE

PROFLIGHT FLEET



FLIGHT SCHEDULE

NOVEMBER | DECEMBER 2021

LUSAKA - JOHANNESBURG

#	DEP	ARR	M	T	W	T	F	S	S
020	08:15	10:15	X	X	X	X	X		X
020	11:30	13:30						X	
026	14:45	16:45				X	X		X

LUSAKA - LIVINGSTONE

#	DEP	ARR	M	T	W	T	F	S	S
704	10:45	11:55	X		X		X		X
706	15:00	16:10		X		X		X	

LUSAKA - MFUWE

#	DEP	ARR	M	T	W	T	F	S	S
802	08:55	10:05		X		X		X	
808	16:20	17:30	X		X		X		X

JOHANNESBURG - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
021	12:00	14:00	X	X	X	X	X		X
021	14:15	16:15						X	
027	19:00	21:00				X	X		X

LIVINGSTONE - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
705	12:20	13:30	X		X		X		X
707	16:50	18:00		X		X		X	

MFUWE - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
803	10:35	11:45		X		X		X	
809	18:00	19:10	X		X		X		X

LUSAKA - SOLWEZI

#	DEP	ARR	M	T	W	T	F	S	S
910	07:15	08:25					X	X	
912	10:25	11:35					X		
914	15:00	16:10	X		X				

LUSAKA - NDOLA

#	DEP	ARR	M	T	W	T	F	S	S
300	07:00	07:45	X		X				
300	07:35	08:20		X		X	X	X	X
304	11:15	12:00					X		X
304	12:15	13:00				X			
306	15:10	15:55	X	X	X	X	X		X
308	17:30	18:15	X	X	X	X	X	X	X

NDOLA - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
311	06:30	07:15	X	X	X	X	X		
301	08:25	09:10	X		X				
301	09:00	09:45		X		X	X	X	X
305	12:40	13:25					X		X
305	13:30	14:15				X			
307	16:15	17:00					X		
309	18:35	19:15	X	X	X	X		X	X

SOLWEZI - LUSAKA

#	DEP	ARR	M	T	W	T	F	S	S
911	09:05	10:15					X	X	
913	12:00	13:10					X		
915	16:50	18:00	X		X				



SIDE NOTE

Proflight Zambia reserves the right to change, suspend or amend this published schedule without prior notification. Every effort will be made to operate as per the planned schedule. **Please check our website www.flyzambia.com for updated departure days and times.**



MUSIC COLOUR FESTIVAL TAKES OFF WITH PROFLIGHT

Airline sponsors headline act for annual festival

LUSAKA, ZAMBIA –With the weather warming up and the COVID-19 pandemic showing signs of easing up, events calendars are once again filling up with all manner of parties and festivities.

The Music Colour Festival made a return this year, with the help of Proflight Zambia boasting a powerful line up of both local and international performing artistes taking to the stage. Of note were Zambian rappers, Slap Dee, Bobby East, and Nez Long and Zambian music veteran, General Ozzy. DJ Sebastien Dutch and DJ Kasi were on deck to make sure the crowds stayed entertained well into the night.

The festival, which is organised by Digital

Events, was held the weekend of 25 September, pulling in a crowd of over 4,000, its largest ever recorded attendance to date. The overwhelming success was attributed to the headline act, South African singer and dancer, Kamo Mphela.

The artist rose to prominence after posting videos of her performances on social media. The festival organisers approached Proflight Zambia for corporate sponsorship and the airline offered to bring in the star on a massively discounted air ticket from Johannesburg to Lusaka.

Digital Events CEO, Moses Zimba commended Proflight for this gesture and noted that corporate partnerships like this show that the corporate world believes in the fundamental value that the arts bring to the community. “Events like these bring people together, in this case we wanted this event to be a family friendly one where families could come and enjoy themselves, enjoy good food and good music from both foreign and local artists. We are glad to have partnered with Proflight to bring this event to life because they too understand the value of community and connection.”

Proflight Sales and Marketing Manager Barbara Namwila said that sponsoring the air ticket for Kamo Mphela was the airline’s way of supporting cross culture arts across the two neighbouring countries.

“Proflight’s major international route is between Zambia and South Africa, and as our two nations share a love for music we felt it would be a great gesture of hospitality to come on board to partner with the Music Colour Festival organisers to bring in Kamo Mphela and to show support for the arts and entertainment industry in Zambia and South Africa.”

The airline has partnered with other event organisers in the past to bring other events to life, including the Lusaka July.

Proflight prides itself on its long history of reliable and efficient service to all of its customers and will continue to extend opportunities to support the creative and entertainment industry through corporate partnerships.





PROFLIGHT 30TH ANNIVERSARY GIVEAWAY COMPETITION DRAWS TO A CLOSE

Winners walk away with Infinix HD smart phones.

LUSAKA, ZAMBIA – Proflight’s 30th Anniversary giveaway competition drew to a close in September after the last winner of the Infinix HD Smart Phone was announced.

The airline had been running the competition to commemorate its 30 year anniversary.

Proflight Sales and Marketing Manager Barbara Namwila said that the airline is proud of its history and reputation as an efficient and reliable service provider over the decades it has been in operation. She noted that the competition encouraged local and regional travel which had further cemented the airline’s position as the forerunner in Zambia’s aviation industry.

“As part of the birthday celebrations, we decided to reward our loyal customers with free flights and smart phones through the Win with Infinix competition – which ended in May – and the ongoing Fly and Win Weekly Giveaway. We have noted that these competitions have encouraged our customers to fly more to increase their chances of winning one of the prizes we had on offer,” said Ms Namwila.

“We would like to congratulate the last lucky winners of our Win with Infinix draw, Ernest Khoza of Lusaka, and Sarah Campbell

from Johannesburg, South Africa. Unfortunately the two winners were not available to collect their prizes and had family members collect on their behalf.” she said.

The winners won themselves an Infinix HOT 10T mobile device, which boasts a 48-megapixel camera courtesy of Transsion Holdings, the leading manufacturers of mobile phones (Infinix, Tecno & Itel) on the African continent. Their top tier brand, Infinix, was recently listed as one of the Top 100 Best Brands in Africa by the prestigious Brands Africa Ranking.

As the world enters a new normal and travel restrictions lift, Proflight is poised for the future with renewed vigour and optimism as it continues its quest to connect the nation and region – building on its four values: safety, reliability, efficiency and friendly service.

I hope that he continues being a peace ambassador and that he carries on the legacy of our late president.”renewed vigour and optimism as it continues its quest to connect the nation – building on its four values: safety, reliability, efficiency and friendly service.



Lindsay Campbell, collecting on behalf of Sarah Campbell



Miracle Omani, collecting the prize on behalf of Ernest Khoza



PROFLIGHT FLEET

BOMBARDIER CRJ100



FLEET	LENGTH	WING SPAN	HEIGHT	FUEL CAPACITY	MAX ALTITUDE	SPEED	MAX PASSENGERS
1	26.51m	21.03m	20ft	2159kg	41000ft	682km/h	50

JETSTREAM 4100



FLEET	LENGTH	WING SPAN	HEIGHT	FUEL CAPACITY	MAX ALTITUDE	SPEED	MAX PASSENGERS
3	19.25m	18.29m	5.75m	2600kg	25000ft	550km/h	29

TRAVEL TIPS

FLYING COMFORTABLE

- Before you fly, get a good night's sleep. Rest and some light exercise will help you cope on your journey.
- Wear loose, comfortable clothing and shoes that are not too restrictive.
- Eat a light, well-balanced meal before you travel and opt for a smaller helping than normal on the plane.

SAFETY

A Preflight safety demonstration is always made before take off. A safety pamphlet is also provided at your seat. Please familiarize yourself with its important information and note the nearest emergency exit.

SMOKING

Smoking on board is strictly prohibited. This includes any artificial device or e-cigarettes.

ELECTRONIC DEVICES

Please ensure that all electronic devices are turned off before taxiing and take off as they may interfere with the safe operation of the aircraft. These include cellphones, laptops, remote controlled games,

BAGGAGE ALLOWANCE

In addition to the carry on luggage allowance provided herein, each passenger may carry without additional charge, the following carry on items the weight of which shall not exceed 5kg. The carry on items are permitted for use during the flight and when retained in the passengers' custody as listed here below:

- A lady handbag, pocket book or purse, which is appropriate to normal traveling dress and is not being used as a container for the transportation of articles, which would otherwise be regarded as baggage.
- Laptop
- An overcoat, wrap or blanket
- A small camera and/or a pair of binoculars
- Reading material
- Infant's food for consumption in flight.
- Infant's carrying basket

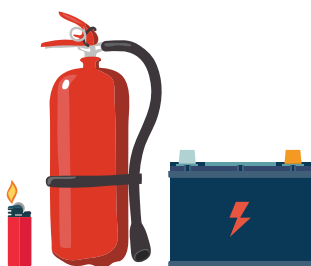


PROHIBITED GOODS

Banned, restricted and dangerous goods are articles or substances that are capable of posing a risk to health, safety, property or the environment.

If you wish to travel with any such goods or material, please be aware of the restrictions or steps you may have to take if wishing to travel on a Proflight Zambia service.

To ensure the safety of the aircraft and those on board, checked in or hand baggage must not contain articles or substances that could pose a danger during flights these include:
Prohibited Items



CORROSIVES

such as acids, alkali wet cell batteries and apparatus containing mercury

COMPRESSED GASES

deeply refrigerated flammable non-flammable) such as butane, oxygen propane and aqualung cylinders

FLAMMABLE LIQUIDS & SOLIDS

such as lighter and heater fuels, paint. All safety matches and fire lighters



EXPLOSIVES

such as fireworks, flares munitions, Ammunitions and pistol caps

BRIEFCASES / ATTACHE CASES

installed with alarm devices



OXIDISING MATERIALS & ORGANIC PEROXIDES

such as bleaches and fibre glass repair kits

POISONS

such as insecticides, weed killers, arsenic & cyanides

RADIO ACTIVE MATERIALS

TOXIC SUBSTANCES

such as bleaching powder and peroxide



INFECTIOUS SUBSTANCES

such as bacteria and live virus materials

IF YOU ARE CARRYING ANY OF THESE ITEMS, YOU MUST INFORM THE AIRLINE

Medical and toilet articles may be carried in small quantities. Safety matches may be carried on the person

CREAMBELL

Creambell Family

Delight in the Goodness of
Fresh Dairy Power.





AQUACLEAR

PURE AND FRESH



**DRINK
NATURE**

If you can **dream it,** **drive it.**



Apply for an Auto Loan of up to ZMW 2,000,000

Turn your dream of driving the brand-new car you deserve into reality by applying for an Auto Loan from Zanaco. Apply for an Auto Loan to purchase a showroom vehicle from an approved dealer or a second-hand vehicle with a maximum age of 5 years from the year of manufacture.

Email: customerservice@zanaco.co.zm

WhatsApp 076 111 5000 or call 5000.



Ts and Cs Apply



zanaco